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"Life Leads On"

CONTENTS

The Beatitudes, *Charles Fillmore* - - - - - - 1
Truth in the World Crisis, *Kathryn Boyce* - - 8
The Power of Prayer, *Worral G. Sonastine* - - 15
Above the Mist, *Kathleen W. Welch* - - - - 21
Peace Begins at Home, *Clara Beranger* (Chapter Ten) - - - - - - - - - - - 27
"Make His Paths Straight," *Faith Cornwall* - - 36
Accepting God's Responsiveness, *Annie S. Greenwood* - - - - - - - - - - 41
I Meet My God in Silent Prayer, *Charles Fillmore* 48
Wells of Abundance, *Blanche Tromblé Evans* - - 52
Noblesse Oblige, *Edithe Weare* - - - - - - 58
Sunday Lessons - - - - - - - - - - - 60

Cover Kodachrome by Josef Muench

Monthly Thoughts

BY CHARLES FILLMORE

To Be Used from October 20 to November 19

Illumination: Divine inspiration constantly taps at the door of my heart, and I am at peace. I know what to do.

Prosperity: Peace and prosperity are enthroned in me, and I am prospered in all ways.

Healing: The peace that passeth understanding, even the peace of the Lord Jesus Christ, gives me peace of mind and health of body.

For instructions about these thoughts turn to page 48

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The Beatitudes

from the writings of

CHARLES FILLMORE

JESUS IS UNIVERSALLY admitted to have been the greatest teacher of morals and spiritual attributes the world has ever known, but that He taught finances or physiology even His most devout followers do not loudly proclaim. The reason for this seeming delinquency is our inability to rise to His plane of consciousness when we interpret His teaching. It is stated that when He gave the Beatitudes He "went up into the mountain: and when he had sat down, his disciples came unto him." Here is indicated the high state of consciousness in which the teacher "rests" with all his faculties giving attention. When the listeners are equally lifted up the teaching and its interpretation will be found to fit every phase of life.

The root meaning of the verb bless is "to bestow good things." Good things are the outer represen-

tation of good ideas. With ideas as the key we shall arrive at an interpretation that will cover the whole field of the spiritual and physical activities of man.

"Blessed are the poor in Spirit: for theirs is the kingdom of heaven"; that is, happy are the poor in spirit—not necessarily the poor in this world's goods but persons not weighed down with possessions of any kind. It is true Jesus did say that it was harder for a camel to go through a needle's eye than for a rich man to get into heaven; but may not a rich man also have that rich consciousness which constitutes heaven? That depends on the importance placed upon riches by the possessor. If the possession of money, houses, lands, or stocks and bonds has separated him from the love of God, then external possessions will be a bar to the kingdom.

The rich young man who had kept all the commandments could not enter the kingdom, because he would not give up his love of "great possessions." Those who have large possessions usually trust in them for their security and happiness. They fear loss and lack. If any possession tends to unhappiness, it keeps the possessor from the spiritual joy that follows a consciousness of God's presence and His kingdom. So even a mind in possession of a rich knowledge of the temporal arts or sciences, if these fail to bring joy and satisfaction, is an obstacle to the inflow of the true riches, "treasures in heaven."

"Blessed are they that mourn: for they shall be comforted."

The comfort that God has given to those who mourn depends upon the importance they give to the cause of their mourning. Most mourning is over

the loss of temporal things, things that can again be had with physical effort. Mourning of this kind is useless and futile, because it wastes the energy that might be used to retrieve the possessions that are just around the corner.

Then there is the loss of friends that seem beyond all replacement. Here we must lift our consciousness to that of God-Mind and realize that our nearest and dearest are those who are one with us in Spirit and thereby brothers and sisters, sons and daughters, fathers and mothers. As Jesus said, "Who is my mother? and who are my brethren? . . . whosoever shall do the will of my Father who is in heaven, he is my brother, and sister, and mother."

The fact is that we cannot in Spirit be separated from those we love. They may be put out of the body, but their spirits continue to function and follow the desire of their hearts. Thousands are being comforted by the simple affirmation "There is no separation in Spirit."

"Blessed are the meek: for they shall inherit the earth."

Considered from a material standpoint this statement or promise is ridiculous. It is the aggressive and not the meek who inherit and possess the earth. As a promise of something that will exist under future earthly conditions it is of no practical value. Jesus promised that these things should come to pass on earth and in His time or generation. Jesus was primarily considering spiritual things, and we all know that meekness mentally opens the door to the inflow of ideas of all kinds. For instance, the inventor knows that he must make his mind receptive

to new ideas, which he does by assuming a state of mental meekness. The "earth" here referred to by Jesus is the radiant ether, of which the soil is a sediment or coarse precipitate. Prof. Albert Einstein says it is his experience that great ideas come after he has relaxed and ceased from strenuous search for his objective. It is this meek or receptive mind that invites God ideas that man can use and that makes him possessor of the "earth" or real substance.

"Blessed are they that hunger and thirst after righteousness: for they shall be filled."

This promise is the sequence to "Seek, and ye shall find; knock, and it shall be opened unto you." Every sincere desire to know God and His Truth is satisfied. We are as a rule too easily satisfied. The religious world is full of persons who have sought and received the mere elements of spiritual Truth and then rested in the thought that they have it all, and who are sure that the revelations they have received will set them at the right hand of God with Jesus in a heaven of bliss. However Truth is progressive, and the seeker should ever be on the alert for new revelations. The hunger and thirst of the soul for more of the good things of the Spirit is paralleled by physical hunger and thirst. The Truth received today meets today's needs, but future needs will arise and the hunger and thirst for spiritual food to meet those needs should be kept active. So do not become so filled with the Truth you have that there is no room in the "inn" of your mind for more, but open your mind to the "light of the world."

"Blessed are the merciful: for they shall obtain mercy."

Mercy is a combination of forgiveness, forbearance, and equality. We forgive our enemies because we know that if they understood all the factors that enter in they would not do as they have done. "Father, forgive them; for they know not what they do," said the sadly misunderstood Man of Galilee who was killed by the ignorant mob.

Then again we forbear to condemn or persecute because of our race unity, the unity of all men and women expressed in the jingle "The Colonel's Lady an' Judy O'Grady are sisters under their skins." We are liable to the same shortcomings and sins, and living ourselves in glass houses, we should be careful how we throw stones. "He that is without sin among you, let him first cast a stone at her," warned the wise Jesus.

"Blessed are the pure in heart: for they shall see God."

The heart is the seat of the ideal realm in its first manifestation. This is where an understanding of metaphysics is necessary to the study of Truth as taught by Jesus. Religion without metaphysics is a tale half told. Jesus talked a great deal about knowing the Truth and its consequences. How can one know anything without the use of the mind? So we must know the nature of the mind and how it works before we can truly interpret the sayings of Jesus. Thus the only source of our mind is God-Mind. God-Mind is composed of pure ideas, which ideas are incorporated into our consciousness in and under divine law. When our consciousness is charged with pure ideas the kingdom of heaven is established in us and will be organized in the earth. In this way

heaven is made manifest in the earth. It was in this pure state that Job was moved to proclaim, "Yet in my flesh shall I see God."

"Blessed are the peacemakers: for they shall be called sons of God."

Christian metaphysicians have found by experimentation that they can dissolve antagonism and disunion in their church or social group by getting together and holding thoughts of peace and harmony and denying the power of thoughts of anger, ambition, and greed. Deep-seated turmoil requires that the words of peace be affirmed silently in the group and then proclaimed audibly with spiritual authority, in the name and through the power of Jesus Christ. This is in fulfillment of the promise "Where two or three are gathered together in my name, there am I in the midst of them." "If ye shall ask anything in my name, that will I do."

Jesus had the Son of God realization, and we can have it through Him. When enough of earth's inhabitants have established this realization we shall develop spiritual power sufficient to stop all wars and make peace permanent in all the earth. This is one of the great works ahead of God's people. "He that believeth on me, the works that I do shall he do also; and greater works than these shall he do."

"Blessed are they that have been persecuted for righteousness' sake: for theirs is the kingdom of heaven."

Every religion has met with opposition and persecution in the beginning, and Christianity is no exception. But the race has evolved out of its physical consciousness into a mental one, and the crucifixions

and stake-burnings perpetuated by fanatics have about ceased. Now persecution takes the form of an assumption of superiority by majorities and arrogance on the part of ecclesiastical authorities. We are fast outgrowing this man-made religion, and the time is at hand when every claimant to religious authority will have to prove its claims by its works. The Master gave these signs as accompanying His representatives: "And these signs shall accompany them that believe: in my name shall they cast out demons; they shall speak with new tongues; they shall take up serpents, and if they drink any deadly thing, it shall in no wise hurt them; they shall lay hands on the sick, and they shall recover."

God's Plan

Pauline Havard

I know God's plan is right
And beautiful for me;
And I can make each dream
A rich reality.
His love will lead me on—
By pastures green I'll go;
Still waters of His peace
Will teach my heart to know
The wisdom of His will;
His plan, complete, divine,
That He with loving care
Has made for me and mine!

Truth in the World Crisis

KATHRYN BOYCE

THERE IS MUCH talk these days about political and social unrest, national and international entanglements, cold wars, hot wars, peace treaties, and H-bombs, and the average person is often bewildered. He wonders what stand, if any, he should take with respect to world events. He often is at a loss to know how to use his thought powers in the face of what appears to be an international crisis.

The Truth student knows that he should focus his time and thought energy on the good and not on the evil in the world. However, there is no use saying that evil conditions do not exist, as evidenced by the tension in the international theater and the murders, thefts, and fraud on the home front. All such negative conditions exist in the world; the appearances are before us. What are we to do?

It is not the policy of Unity to ignore facts, whether the appearance takes the form of sickness, lack, inharmony, injustice, or war. However, the Truth student sees these facts merely as appearances and does not give them power to continue to survive by holding the negative pictures in his mind, by becoming emotionally disturbed concerning them, or by voicing their existence. The Truth student knows the difference between a fact and a truth and he uses Truth to transform facts into blessings.

All that appears in our manifest world may be

classed as facts. All the good that God created and continues to create for our enjoyment and fulfillment is the Truth, although much of this good is in the invisible, ideal realm as yet unmanifested. It is a fact that evil appears in our world, but the Truth is that God creates only absolute good for man. This good has not yet been completely manifested for man to enjoy because he has not reached that place in consciousness where he is ready to accept it fully. Therefore, his manifest world still reflects incompleteness in the form of evil.

However, the good in God's great storehouse is ready and waiting for us. All we have to do is to take conscious steps to accept our good. In the meantime, lack and limitation make up the appearance world in which we dwell consciously and this lack we call evil.

In Truth the physical body is whole and perfect, but the fact remains that many suffer pain and inharmony in the body temple. Ignoring this fact does not remedy the situation; neither does indulgence in fear, worry, and anxiety heal the difficulty. To bury one's head in the sand like an ostrich, while all around there is suffering, evil, and destruction, is ridiculous. To be pulled into the maelstrom of negative thought in the world only adds to the power of negation. There is only one way for us to heal world conditions as well as individual problems. Paul gives us the answer in Romans 12:21: "Be not overcome of evil, but overcome evil with good."

Negative conditions appear in the world because man has fallen short in tuning in on the good that God intends him to enjoy. Sickness, suffering, loss,

lack, inharmony, and injustice are signals for man to turn to God. Wherever the difficulty lies, the condition is there to remind him that God is needed at that point. Whenever man deepens his consciousness of God, the source of all good, negative conditions are dissolved, and good comes forth into manifestation.

It is for all Truth students these days to look the facts squarely in the face, to see them as signals to deepen their consciousness of God, and to look right through the facts to the world God created in the beginning, which is ready and waiting to spring into manifestation through recognition. The world is ripe now, as never before, for lasting peace and brotherly love, but it needs the constructive thought of sincere and earnest Truth students everywhere to bring this great good into manifestation.

Just as all who aspire to overcome their individual problems must redeem whatever faulty thought holds them in bondage, so all who understand the power of thought must assist in redeeming the faulty race thought, which has brought the world to this crisis. Together we have erred and together we must lift the collective thought of the race mind by prayer and action. The law of cause and effect serves to boomerang not only individually but collectively. As we have all added to the fears, hates, resentments, jealousies, selfishness, and greed that have precipitated the present world situation, so we are all responsible for the lifting up of the faulty race thought.

The appearance is that we are on the verge of another world war. Many of our loved ones are in

the service; and world events make a third world war seem inevitable. However, beneath all this outer strife is the truth that we are one in Christ, that God is a God of love and harmony. He is omnipresent; He is our protector, our guide, our strength and He is bringing forth peace, order, and harmony on earth through His Son the Christ in all men. However, He needs the conscious help of all who understand this truth in order that His kingdom may be manifested on earth.

The world of appearances in which evil conditions exist is the relative world, in the becoming stage, gradually growing toward perfection, while the real world God created is the absolute realm, unchanging perfect, untouched by human negativity. When man focuses his attention upon the real world and expresses harmony with its laws, the relative world merges with the absolute, and we have the "healing of the nations."

This earth planet upon which man finds himself is coming into illumination, even as man is individually becoming Christed. However, just as he must take steps to "put on Christ" for his individual spiritual development, so he must work with the great cosmic Christ to lift the race from its discordant and destructive influences.

It is axiomatic that the ideas held in mind and entertained by man until they become feeling are experienced in his world. Therefore, if the majority continue to hold in mind pictures of disaster, discord, and strife and their emotions become involved in fear, hatred, depression, and resentment, the door is open for greater strife in the world. Man is help-

ing to usher in war and discord when he indulges in resentment, fear, and depression.

As Truth students, we do not wish to be part of this destructive influence. We want to be God's instruments on earth, bringing His kingdom into reality. There are four distinct ways in which we may help to overcome the world's fear of war and help to usher in a lasting and substantial peace.

First, and most important of all, we may help in establishing universal peace and good will through the practice of constructive, scientific prayer. This may be accomplished by daily looking past the present world picture of unrest, discord, and strife; by denying that these appearances have power; by giving all power to God, the creator of all good, author of peace, and sustainer of the universe. Daily we may declare that the qualities of Spirit we should like to see manifested in the world—liberty, justice, righteousness, and peace—are coming forth in the world through the power of the Prince of Peace, our Lord Jesus Christ. The inner work of prayer and the practicing of the presence of God are all-important in preparing the way for the outer manifestation of lasting peace among the peoples of the world.

Secondly, we may assist in bringing peace to a troubled world by remaining poised, peaceful, and harmonious under all circumstances and conditions. We may not think we are adding greatly to world peace when we refrain from letting certain persons, conditions, and circumstances disturb us. However, every time we indulge in anger, fear, grief, resentment, or hatred we are adding our own negative emotion to the accumulated negative emotion of the

world, which keeps the sore of discord festering in the hearts of men and hatred smoldering among nations. Only by maintaining peace in our own hearts may we join forces with the Prince of Peace to lift up the negative emotion of the great mass of humans and heal the wounds of the world.

Thirdly, we may help to bring about peace on this planet by learning the art of co-operation with our fellow man rather than by striving through competition to surpass him. When we compete with our fellow man we are adding to strife; when we co-operate we work for the good of the whole and help to bring about harmony. In teamwork only may man hope for a world free of selfishness and greed, a world free of war. As we learn to submerge the ego and remain at peace in heart with our fellow man, then we are practicing the basic laws of co-operation. When we lay aside our personal ambition and use our efforts for the good of the whole we are co-operating with the forces of good, and blessings come to us individually as well as to our fellow men.

Fourthly, we may take steps to bring about world peace by seeking to find our place of service in God's great plan for humanity. God did not place man on earth to sink or swim. He has a plan for a world devoid of discord and strife and filled with the blessings of health, happiness, peace, and plenty for His children. He has planned a definite place for each one to serve in making manifest His plan. With some the place in God's great plan may be in music, others may find their place in scientific research or invention, others in the realm of business or in some profession. Jesus pointed the way to the fulfillment

of God's plan when He admonished us to "seek . . . first the kingdom." Whatever place God has chosen for us, we shall find it only after entering the silence and communing with Him. Only in the silence of our own being as we surrender human ambition and master the little self can we find our true place—the place where God will use us to help manifest His kingdom on earth and establish peace and good will in the world.

The golden thread of God's plan is interwoven in all social movements for the betterment of mankind. It takes a consciousness that is awake and alert to His plan to see how wonderfully it is progressing. It is operating quietly and steadily for the best interests of all humanity to bring about a greater love among all peoples of the earth, freer expression, greater joy, more peace of mind, increased prosperity, better health, more justice for all mankind. It is for us to co-operate in every way in the bringing of this plan to fruition.

As Truth students in God's great field of service, let us take these four steps joyously and willingly, so that we may help to usher in the real world for all mankind to enjoy.

A noble and Godlike character is not a thing of favor or chance, but is the natural result of continued effort in right thinking, the effect of long-cherished association with Godlike thought.

—JAMES ALLEN

The Power of Prayer

WORRAL G. SONASTINE

PRAYER IS undoubtedly the most important thing in man's life. It is the means, the only means, by which he can contact God, the creator of the universe. It spells the difference between success and failure. It is the way to attain peace, poise, and power.

"Does prayer really work?" "Will prayer improve my circumstances?" "How can I make my prayers more effective?" These are but a few of the questions that are being asked by sincere Christians everywhere.

Let it be known here and now that prayer never fails. The one who prays may fail, but prayer itself never fails. The principles of prayer are just as certain as the principles of mathematics. If the solution to a problem comes out wrong, it is not the principle but the person applying it that makes the mistake. This is why it is so important that we practice prayer constantly. Just as in any other activity, practice makes perfect in prayer.

The best way to pray is the way that brings the best results for you. Methods mean nothing to God. Straight from the heart is the shortest distance between you and the Father. Praise and thanksgiving have been found the most effective by many persons I know. Actually, you do not have to ask God for anything. He knows what you need before you call on Him. Since He loves you, can you not assume, then,

that He gives you what you need most at the moment? And is there a better way of showing that you believe this than by giving thanks that your needs are already fulfilled? "Praise God from whom all blessings flow."

"God is no respecter of persons," and yet some people's prayers seem to be answered quicker than others. There is nothing unusual about this. It is simply the outworking of the law of experience. Faith, the most important factor in prayer, increases with use. Pray often, and your spiritual strength will increase perceptibly.

"Pray without ceasing," said Paul. In the true sense of the word we do pray without ceasing. Our prayers do not end when we leave the silence or meditation, but they are with us as we go about our affairs. Every thought is a prayer whether it is based on Truth or error. Erroneous thoughts are prayers for discord and disease. Truth thoughts are prayers for peace, plenty, and harmony. Therefore, do not pray for good and then think evil, for this only leads to confusion. Such a procedure is like a house divided—it will surely fall.

In the final analysis, the true purpose of prayer is to increase our awareness of God. As we do this, recognizing Him in and around all things, our specific needs are filled as a matter of course. It is part of the divine plan that all our needs be fulfilled.

"Why, then," you may ask, "are not my needs and desires fulfilled? I am part of God's divine plan, but I still have many unsolved problems in my daily living."

There is one thing to remember as you seek to

live by Truth. It cannot make you free until you know it, until you know it beyond all doubt. To know Truth intellectually is not enough. The knowledge of it must be part of you, woven into the fibers of your being. You must live by it, base your decisions on it, and stake your very existence on it. Know the Truth in this manner, and you will be free from all want and inharmony.

When a thing is true, it is true whether we know it or not. Our knowing the Truth does not make it any truer than it was before we knew it; nor does our not knowing it make it any less true. Truth is the same yesterday, today, and forever. It stands unalterable, eternally the same. Our recognition of it, however, makes it actively true in our lives, makes it real to us, brings it into manifestation in the world about us.

Let your prayers consist of joyous and effortless thanksgiving to God for His wondrous works. Meditate much on His allness and His perfection. See Him in all things and give thanks for His presence there. Look upon every situation as a perfect manifestation of the Father's love and wisdom. Bless everything and everybody as you bless the Father Himself. Do these things in patience and in faith, and all will be made clear to you. The Father will reveal Himself to you in all His glory. He will give you, through your own recognition of His power, the desires of your heart. "It is your Father's good pleasure to give you the kingdom."

George Bernard Shaw once said, "A lot of people tell me they pray for me, and I am sure I am none the worse for it, but my thoughts in the matter are

that God can run His universe without our prompting Him."

Mr. Shaw's statement would make it seem that prayers are unnecessary in the life of man, and he is right as far as God-prompting prayers are concerned. The Creator certainly does not need us to tell Him what to do. He knows and has known from the beginning of time what He is doing. The Father knows what He is doing, but most of us do not. When we are told what He is and what He does we find it hard to believe. We have believed something else so long that it is difficult for us to accept the truth when it is pointed out to us. This is where prayer and meditation play an important part in our lives.

What we think of most becomes real to us; hence, the importance of thinking on the presence and power of God. By talking about Him, meditating on Him and considering His ways, we make Him more and more real in our lives. The repetition of a statement of Truth does not make the matter any truer, but it does tend to clarify the situation in our minds. By speaking and thinking of God as all, in all, we find ourselves gradually accepting Truth as reality. Let us remember that we are part of God's perfect allness and that nothing can ever separate us from Him. This is true whether we affirm it or not, but by affirming it from time to time we make it an absolute reality in our lives.

I have a friend who meets every discordant situation with the simple remark, "Well, God is all, and that's all there is to it." This woman does not argue with Truth. She accepts it and goes on her

way. In the face of such faith, evil appearances cannot long endure; consequently, when they do appear they never linger very long.

If all this brings to your mind a question regarding the fulfillment of urgent needs, you may rest assured that true prayers are never answered too little, too late. Once you consciously place yourself in God's divine plan, letting His will be done in all your affairs, you will seldom, if ever, be faced with dire emergencies. When such situations do arise in the life of a person who knows his true position in the universe, he looks upon it with the single eye of good. He says, "God is all, and that's all there is to it." He does not ask how or why, for he knows that God's ways are beyond his understanding. He knows that "to them that love God all things work together for good."

Another vital factor in the process of true prayer is contained in Jesus' admonition, "Tell no man." While you are praying for something, do not discuss your prayer with other persons, but keep them a secret between yourself and the Father. When you plant a flower bulb in the ground you do not dig it up from time to time to show it to your friends. You do not tear open a cocoon to show people how the caterpillar is growing into a butterfly. You would not do these things, for you know they are against the laws of nature. You know that such a procedure would stop the growth of the flower or the butterfly. This is precisely what occurs when you bring out the secret of your prayers by discussing them with others. "Pray to thy Father who is in secret, and thy Father who seeth in secret shall recompense thee."

Let us contemplate the finished kingdom with joy and thanksgiving. Let us know that God will never be more perfect than He is now and that He will never be more complete than He is now. Let us realize that we are because He is; and, therefore, all is well. Now are we part of His perfect allness. In His completeness we live and move and have our being. He is our life, our substance, our all. There is nothing to ask for and nothing to wait for. We have all. In our oneness with Him we are all. "All things whatsoever the Father hath are mine."

NO DELAY

Grace Meredith

Today, we think, holds all tomorrow's gifts: deep faith,
High hope, the blithesome thought that lifts the heart
And marks the start toward all the happy hours ahead.
Widespread, for any eager eyes to see, are blessings
That the Father gives us lovingly, and so we pray to be
Made more aware; in any human circumstance, we will
Have every chance to prove His present care and guidance
Surely. We need never wait for a tomorrow or any other
Far-off date. Oh, may we now remember well the future
Way depends on the good work we do and share today.

Above the Mist

KATHLEEN W. WELCH

REPRINTED BY REQUEST

And the Spirit of God moved upon the face of the waters. And God said Let there be light: and there was light.

A FEW YEARS AGO, while living in southern Oregon, I was privileged to see a sight that I shall never forget. One morning some friends and I made an early start and drove many miles up a winding road lined on both sides with beautiful tall pine trees. Down in the valley there had been a heavy mist, but as we climbed, the air became clearer and clearer and the rays of the bright morning sun slanted across the trees, bringing out the lovely lights and shadows in bold relief. Up, up we drove, the light and color becoming more intense every moment until, many hundred feet above sea level, we drove around a corner into full view of beautiful Crater Lake. Never have I seen such peaceful loveliness.

This lake, as its name implies, occupies the crater of a once active volcano. The surface of the lake is many hundred feet below the crater rim, so that one standing on the stone walk along the crater's edge looks down rocky, precipitous walls to the water far below. It was perfectly clear and as still as glass, but we were told by the ranger on duty that it was the great depth of the lake that gave it its deep blue

color. Around the edge of the water there was a band of blue-green like the ones one sees in a peacock's tail. This band also was visible at the water line of the small island situated out in the lake. The whole picture was one of clear, intense color contrasts and gave one a feeling of deep peace.

As I gazed out over all this loveliness, I thought: Down there in the valley is a heavy, gray mist, damp and chilly, but here, above the mist, what beauty and uplift of spirit! And what a lesson in living for those wise enough to see. That mist down there doesn't mean anything really. The sun is dissolving it right now. It is always a fluid, transient, changeable thing. But this peaceful beauty up here is symbolic of the eternal verities; of those satisfying, comfort- and strength-filled truths that are changeless and dependable.

So it is with life and its problems. These problems and troubles seem very real, at times discouragingly so. But are they? Or are they misty things that may be dissolved by right thinking and right praying? Recently I found myself in the position of having to solve a troublesome problem. I worked hard mentally, going over all the affirmations of Truth that I thought would fit the case. I also spent a good deal of time wondering why this particular problem had to be met at all and trying to figure out in what way I had failed in my understanding.

Needless to say, I got nowhere and was working myself into a fine mood of discouragement and self-accusation when this thought came: "If this trouble is no part of God's plan for me; if it is an unreality, that is, no part of God's creation, then it can only

be an illusion, a mist; and how can I possibly get anywhere fighting a mist?" My thoughts went back to that misty morning in Oregon. If the driver of the car had felt personally responsible for dissolving that mist and had got out of the car and had worked hard trying to sweep it aside with his arms, how silly and futile it would have seemed. No amount of strength or toil would have dissolved it. Instead what did we do? We went higher up and rose above it, leaving the sun to take care of it.

There is a fable about a dispute between the sun and the wind. Looking down upon a man bundled up in a heavy overcoat, the sun said he could make the man remove his overcoat quicker than the wind could. The wind replied that he could blow it off the man in no time at all. The wind blew and blustered around the man, trying to tear the coat from his shoulders. But the more the wind blew, the tighter the man clutched his cloak to him. Finally the wind had to give up in despair. Then the sun came out and shone upon the man, its warm rays penetrating right through the coat, until the man took it off with a sigh of relief.

"Agree with thine adversary quickly," said the wise Jesus. A habit that will not leave us for our fiercest wrestling, can have no hold upon us when, with the help of divine love, we rise into a higher spiritual atmosphere, surrendering the habit to the warmth of God's love. The only possible way to solve our problems satisfactorily is to rise above them in consciousness and look down upon them, as it were. From this higher level, with all anxious thought, self-condemnation, fear, and worry left be-

hind, we see our troubles for what they really are—misty, unreal products of mistaken thinking. One of the most powerful prayers I know and one that I try to remember to use frequently is this: "Father, please change that in my consciousness which needs to be changed." Then I go about my work with a silent "I can of myself do nothing. Father, You take care of it for me; then it will be done wisely, beautifully, and satisfactorily."

Don't fight your troubles. Don't work hard with a sense of strain to overcome bad habits. It will never be accomplished in this way. Relax and allow the warmth of God's love to shine into your consciousness; then you will find yourself receiving guidance, inspiration, and wisdom that will lead you gently out of the mist into the clear light of harmonious living again. If the results you desire do not immediately appear, do not become discouraged. The moment you consciously turn to God for help in quietness and confidence, you have put into action the harmonizing power of Spirit. Feel it and continue to feel it as actively dissolving the trouble. Another good affirmation is "The mind in which man lives and moves and has his being is ceaseless, active God presence, man's infinite protection."

And give thanks! There is nothing that will dissolve "mist" as quickly as gratitude. Feel God's active presence in the situation and give thanks to His presence that the mist is already dissolved, because you know that it cannot remain in the radius of Spirit's warm rays. There is no negative condition that you cannot love and praise and thank yourself out of. The words "I thank You, Father!" are magic

words. If the mist is poor health, say frequently, "God, I thank You for Your everpresent, radiant, free-flowing life and well-being expressed through me, Your image." If the mist is financial worries, say, "God, I thank You for Your abundant, unlimited, unconditioned, free-flowing wealth. I thank You for the rich ideas with which You are filling my consciousness and for the awareness of this wealth which You are now sending me." If the trouble is your relations with others, say, "I thank You, Father, that Your indwelling Christ abides within every man, woman, and child. This Christ within me sees, respects, and reveres the same presence within———. *(Name the person or persons with whom you are having difficulty.)* I am not concerned with any lesser being. As I wish those with whom I associate to see the best and highest in me, so I now choose to see the best and highest in others, and I know that this 'seeing with the inner eye' will be outpictured in my world as better conditions and a more loving relationship, because it will be the working out of spiritual law—and God never fails!"

It is impossible to remain in the midst and be giving thanks at the same time. A feeling of gratitude to God immediately raises our consciousness to a higher level. The important thing is for us to remain on the mountaintop until we feel the rays of divine love shining into our consciousness, awakening, cleansing, and enlightening, because then we shall take that awareness with us when we return to the valley, and we shall find that the mist has all disappeared and that where we thought there was discord there is now harmony.

Every time we rise from the limited human consciousness of the world (the mist) to the unlimited ideas of Spirit (the mountaintop) we improve our understanding of God and His laws, and each time we deepen the channels through which good flows to us from the universal source. There are no problems in Divine Mind; only growth, more light, deeper insight and understanding. Up there on the mountaintop are beauties and blessings unguessed by those who dwell in the mist: deep inner feelings of joy and peace and love for our fellow men and a close sense of companionship with our heavenly Father and His ever-present Christ. The Father has decreed, "Let there be light," and we surrender our problems, fears, and doubts and allow this light to shine and dissolve all the mist of mistaken thinking in our mind and heart.

"You do not have to fight, you do not have to strive; you only have to know."

Dear Father, help us to come up out of the mist into the sunlight of Thy love, surrendering all our troubles to Thee to be dissolved. Help us loosen our tensions and confusions and just "let" Thy love shine into difficult situations, knowing that in Thy light we shall see light. Help us to retain this awareness of Thy loving and powerful presence in the valleys of life as well as upon the mountaintops. In the name of our indwelling Christ, amen.

Jehovah will give strength unto his people;
Jehovah will bless his people with peace.
—PSALMS

Peace Begins at Home

CLARA BERANGER

CHAPTER TEN

Complaining

A YOUNG GIRL occasionally comes to me for spiritual advice. She has been greatly helped by a little scheme I worked out for her when she complained that she was not so popular with the boys as the other girls in her group. "Oh, I know I'm not attractive looking," she lamented. "But why do boys always judge girls by their looks? They never try to find out what a girl is really like."

"Do *you* know what *you* are really like?" I asked.

"Of course, I do."

"Very few persons take time to study themselves," I said. "If they really dig down into their own characters and analyze themselves honestly, they will find traits they hardly know exist."

"I feel that I know myself quite well," she replied stubbornly.

"Let's find out if you do. I'll get a piece of paper and draw a line down the middle of it. On one side you list all your good qualities, on the other side your less desirable ones. Is it all right with you?"

She seemed a bit doubtful at first but decided to try it. On a sheet of paper I drew a line down the center and at the top of the left side wrote *Virtues* and at the right side *Faults*. In between I

put the word *but*. I gave her the paper with a warning to be honest in describing herself.

After much thinking, giggling, and erasing she handed me the paper. This is what she had written:

VIRTUES		FAULTS
Kindly instincts	*but*	often cross and unkind.
A fairly good disposition	*but*	quick-tempered.
A good student	*but*	intolerant of those who are not.
Good critical ability	*but*	sensitive to criticism from others
Capable in household duties	*but*	resent having to do them.
A good figure	*but*	not a neat dresser.
Plenty of advantages	*but*	often discontented.
A loving nature	*but*	very jealous.
Try to be just	*but*	think others often unjust to me.

After I had considered the paper carefully, I asked whether I might add a few opinions of my own. She nodded.

I wrote: "There is not a single quality that you have listed under *faults* that cannot be easily corrected by new thought habits. You can change the character of your thinking so that you will not be cross or unkind, so that you will not lose your temper or be intolerant or sensitive to criticism; and you can stop complaining about the injustice of

others to you. If you but think of the thousands of people all over the world who have no homes, you should be so grateful for your own lovely home that you will do household chores graciously and eagerly. If you but think of the thousands of families that have been disrupted because of war, you should be so grateful for your family being all together that you will do anything in your power to bring happiness to the family circle. In other words, the way to get rid of discontent and the other faults you mention is to count your blessings and to be grateful for them. Gratitude to God for blessings received awakens a spirit of joy that in turn is expressed in cheerfulness and constant good will. If you want people to like you, stop complaining and cultivate a spirit of joy. If you want true beauty, cultivate a spirit of joy."

She read my notes thoughtfully and then said, "What you are telling me to do is like asking a leopard to change his spots."

"Not exactly," I replied. "The leopard cannot change his spots because he has no power of conscious reasoning. But a human being can remove the spots on his character because he has a mind and free will. The elimination of any bad habit and the development of its equivalent good takes time and hard work. But it can be done, and the end will justify the effort."

"How should I go about it? What must I do?"

"First, you must realize that joy is the natural state of the truly spiritual person, because he knows that the Spirit of God is joy. In the stillness pray for constant awareness of your oneness with God.

Jesus taught us that the kingdom of God is within man, that as we live and move and have our being in Him we increase in happiness and well-being. 'These things have I spoken unto you, that my joy may be in you, and *that* your joy may be made full.' "

"That's beautiful," she said. "But specifically what must I do?"

"Every time you find yourself being cross or disagreeable or starting to complain about how the world is treating you, stop and say, 'I am filled with the joy of the Lord.' Immediately substitute positive thoughts for negative thoughts. The substituting of good thoughts for bad thoughts is the magic formula by which the bad is eliminated and the good created."

The girl left not entirely sure that she could correct her discontent by working for a spirit of joy. But when she came to see me a few months later she was excited and enthusiastic. "It works," she cried. "It really works. My disposition has improved so much that almost everyone notices it, including the boys. I'm getting a lot more invitations than I did before, and the family says I'm easier to live with."

"Good for you! You'll soon find out that the more you fill your mind and heart with joy the easier it is to radiate joy to others. Half the reward of a cheerful disposition is its effect on those about you. You have no idea how much more attractive you are already. You have lost that petulant expression and you have a much more pleasing personality."

I was telling her the truth. Her change of thought in even so short a time was reflected in her

face and personality. Like many of us, she had got in the habit of complaining without realizing it.

By nature we are cheerful—yet we are chronic grumblers. We are spoiled by efficient management, good service, and abundant supplies and we consider them our rightful due at all times. Most of us at one time or another indulge in expressions of dissatisfaction over unimportant inconveniences. If a salesman makes a small mistake in an order or a waiter takes too long to bring our meal or a shopkeeper reports something out of stock, we grumble as though the incident were a major calamity.

The oft-repeated quotation:

"Laugh and the world laughs with you.
Weep and you weep alone"

contains a proved truth. The weeper, the grumbler, the loquacious person has few friends. I know a woman whose entire conversation consists of a recital of her various aches and pains. Her only real friend is another woman with the same limited outlook on life. Neither of them has other friends, largely, I believe, because the normal, healthy-minded person shrinks from tales of another's bodily ailments. Most of us know from personal experience that we welcome the cheerful person; whereas, we instinctively avoid the chronic complainer, even when the complaint is not serious. Most of us have problems and trials of our own to overcome. Complaints and discontent from another person merely increase the difficulty of overcoming our own troubles and of keeping constantly cheerful.

We are such creatures of habit that unless we stop occasionally to take stock of our mental at-

titudes we do not realize what negative thoughts we have been harboring. Thus, when things in the outer world seem to be going wrong, our first job is to appraise our thought habits; and when they are negative, to discipline ourselves in positive thinking. We can rid ourselves of the habit of complaining by taking our thoughts away from the cause of complaint and by directing them to the things that we know are good. To count our blessings is a sure antidote for discontent. We take for granted much that we should be ever grateful for—a comfortable home, an abundance of good food, the companionship of family, the good will of friends, good health, ready access to books for every taste, free music for every need, entertainment for every level of mentality, and the infinite variety and beauty of nature in sky and field and sea. Yet how many of us take time to appreciate these common blessings? How often do we think of them as blessings and feel grateful for them?

To cultivate a spirit of gratitude for blessings received dissolves every feeling of dissatisfaction within a person or the condition responsible for a seeming injustice. The Psalmist understood this well. Over and over he repeated thanks and praised God for His goodness and mercy. The last five psalms are devoted entirely to praise for the Lord, and embodied in verses throughout the other psalms are many expressions of gratitude. The 136th Psalm counsels thanksgiving. The first verse sets the pattern:

"Oh give thanks unto Jehovah; for he is good;
For his loving kindness *endureth* forever."

The other verses ask that thanks be rendered to God for His wisdom and strength, for His creation of heaven and earth and all things therein, for the deliverance of His people from bondage, and for their power to overcome enemies.

Paul epitomizes the necessity of gratitude in the simple verses: "In everything give thanks: for this is the will of God in Christ Jesus to you-ward."

If we remember to be grateful for our benefits, we shall not lament our shortcomings and deficiencies. Not long ago a young woman came to me full of complaints against her husband. I knew how generous he was to her and to their children, how kind and charitable he was to everyone who came to him for help. But certain little irritating faults blinded her to his goodness. Instead of sympathizing with her as she expected, I tried the scheme that had worked so well with the young girl. I asked her to tabulate in opposite columns her husband's faults and his good qualities. When she had filled in the two columns, the side for good so far overbalanced the other side that she saw instantly how wrong her complaints had been.

"Thank you," she said. "I've been utterly stupid. I'm going to keep this list and whenever I'm tempted to complain or get irritated I'll look at the many good qualities my husband has."

The basis of the complaining habit is lack of trust in God. If we truly believe in God and trust His omnipresent good, we shall never grumble about our misfortunes or the injustices done us by others. But most of us put our confidence in external things, which are subject to change and destruction. We

live largely in our personal consciousness, which is easily affected by people and conditions, rather than in our spiritual consciousness, where the eternal, changeless God dwells.

The source of true limitless joy is the Spirit of God within us, ever waiting to shine forth into radiant manifestation. But we allow our native joy to remain hidden under a fog of doubt and discontent.

We must turn within for comfort and help. We must rise up out of the dust of discontent and lift our eyes to the glory of the Lord. We must be grateful for every single blessing, large or small. We must be so continuously grateful that we never allow a thought of dissatisfaction to remain in our consciousness nor a word of complaint to pass our lips. With this realization comes a deep feeling of thankfulness to God; and our gratitude is made manifest by constant expressions of cheerfulness and good will.

It is true that some people seem to be blessed with natural optimism, while others are, by nature, pessimistic. Yet all of us can develop the habit of optimism through faith and prayer. The pessimist may have to work harder, but steady faith and regular prayer can make him as cheerful as his naturally optimistic brother.

Truly spiritual people know that the life of Spirit is the way of joy. They no longer believe, as did our Puritan ancestors, that the religious life implies resignation to trouble or pain or that the will of God for man includes poverty, sickness, or misery. They know that He intends us to be happy,

joyous, and at peace and they will not resign themselves to anything less.

If you want to contribute to the peace of the world, you must start by consciously trying to eliminate every trace of discontent from your mind and heart and by avoiding any word of complaint. You can learn to feel and to express joy and you can shed good cheer upon all whose lives touch yours.

Affirm: *I am one with the joy of the Father. His perfect joy fills me and keeps me cheerful and contented at all times. I know that God's will for me is ever good, so that nothing but good can come into my life. I enter into the joy of the Lord and I am eternally grateful for the many blessings He bestows upon me.*

Meditate upon these beautiful passages from the Bible.

"I will bless Jehovah at all times:
His praise shall continually be in my mouth."

"Thou wilt show me the path of life:
In thy presence is fulness of joy."

"I have learned, in whatsoever state I am, therein to be content."

"Great is Jehovah, and greatly to be praised."

"Ask, and ye shall receive, that your joy may be made full."

"The fruit of the Spirit is love, joy, peace."

"Let all those that take refuge in thee rejoice,
Let them ever shout for joy, because thou defendest them:
Let them also that love thy name be joyful in thee."

"A glad heart maketh a cheerful countenance."

TO BE CONTINUED

"Make His Paths Straight"

FAITH CORNWALL

MOST OF US have traveled highways that were cut through rough country; and perhaps as we rode over the wide, smooth roads, we have thought of the courageous men who broke the first trails through dense wilderness and rugged terrain to make possible the convenient transportation routes we have in our country today.

If it had not been important that highways be straight and direct, much of the hard work of road building could have been avoided, but in later years time would have been lost to the motorist in arriving at his destination.

Thousands of years ago Isaiah saw the importance of making roads straight. John the Baptist dedicated his life to the work of making straight the path of the Lord. He literally prepared the way for Jesus by straightening uneven places in the lives of the people who came to him. He called himself "the voice of one that crieth, Prepare ye in the wilderness the way of Jehovah, make level in the desert a highway for our God. Every valley shall be exalted, and every mountain and hill shall be made low; and the uneven shall be made level, and the rough places a plain: and the glory of Jehovah shall be revealed, and all flesh shall see it together."

John the Baptist represents our perception of spiritual possibilities and our activity in bringing about conditions in our mind so that Spirit may rule.

He is the voice crying in the wilderness of human thought, causing us to hearken, arousing in us the desire for greater understanding and a higher way of life, cautioning us that there is work to be done before the Spirit of truth can be manifested in our life.

When his listeners were stirred by his exhortations and asked what they might do to be saved, John replied, "He that hath two coats, let him impart to him that hath none; and he that hath food, let him do likewise." Those who are not aware of the power of thought will understand the importance of right action when they see the results of their right actions. This is why John stressed outer reformation as well as inner. But whichever we stress, the fact remains that thoughts and actions are interactive, and we must make in our mind and life a highway for the coming of the Lord of truth. "Narrow is the gate, and straitened the way, that leadeth unto life," said Jesus.

This is the parallel between the poetic analogy of Isaiah and John the Baptist and our own spiritual progress. To prepare the way in our consciousness for the coming of Christ awareness and expression, we must exalt the valleys, level the hills, and make the crooked places straight.

The valleys are depressions of thought and feeling: negative beliefs, fear of failure, sadness, remorse, regret, the blues, an inferiority complex. If Spirit is to be manifested in our life these depressions must be lifted up; we must be positive, confident, enthusiastic.

A young man was sitting in a store in a de-

pressed state of mind when suddenly he heard a lively tune over the radio. He listened to the words, two of which were "hello, happiness!" Lifted by the song, he said to himself, "Hello, happiness!" and his world looked bright again. Raising our spirits and controlling our moods is simply a matter of filling in the low places with affirmations of encouragement and cheer, lifting our vision higher, redirecting our attention, and engaging in constructive activity. Spirit cannot flow into the mind that is absorbed in its own reactions to past or present negative experiences. The mind must be raised to a higher frequency before it can receive the cleansing, comforting message of Truth.

"Every mountain and hill" that is to be "made low" may be likened to the heights of spiritual consciousness, which are made available to us through aspiration and prayer. When we first lift our vision these heights may seem unattainable; but through persistence they seem to be brought low, and we stand upon them saying, "I am monarch of all I survey."

Throughout the universe we see the natural flow of beneficent forces, from the silken grass that covers a shell hole to the new limb grown on the injured starfish. Why is it that restoration and well-being are not so easy for us? They are, unless we put up barriers to them. With the renunciation of the limited and personal the sense of separation from the universal life is done away with, and the "uneven" is made "level"; the bypaths of belief and expression are brought into conformity with Truth.

The belief that a past negative experience can

keep us from our present good, the belief that our physical heritage or lack of education and opportunities can keep us from attaining our goals are uneven places that must be brought into line with Truth. Too many have proven the invalidity of such beliefs to permit us to give credence to them any longer. We must learn to think along the lines of spiritual reasoning, we must know that God is the source and that man, the expression of God, is both divine and good; that conditions can be only good because they are manifestations of God.

Another type of uneven place is the confusion that arises in our mind when we face disturbing conditions. To be efficient in handling them and to make our prayer effective, we need to make a special effort at these times to make the way smooth by withdrawing in thought from the disquieting situation, thinking of the presence and power of God, and affirming that He is in charge of our thoughts, our emotions, and all outer situations. When we are successful in making an adjustment in consciousness, there is inevitably a corresponding outer adjustment.

It is when the pathways in our mind are straight that we can claim the promises of God. Many persons have read the encouraging words of Jesus, "If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you." And many have asked and not received and have concluded that the words are not to be accepted at face value. But they are. The explanation is that answered prayer comes to the prepared consciousness. "Seek ye first his kingdom, and his righteousness; and all these things shall be added." "Prepare ye

in the wilderness the way of Jehovah, make level in the desert a highway for our God. Every valley shall be exalted, and every mountain and hill shall be made low; and the uneven shall be made level, and the rough places a plain: and the glory of Jehovah shall be revealed." "Thou shalt also decree a thing, and it shall be established unto thee."

There have been times when I have decreed a thing, and it has not come to pass. On other occasions my prayers have been answered almost instantly. Some of my unanswered decrees bore fruit years later. Why? Because at first the way had not been prepared. I had not developed the ability to embody the good I desired, and so my decree was fruitless until the groundwork had been done. It has been said, "We must not fly in the face of the law expecting it to do for us what it can only do through us." God can work through us only when we have prepared the way through receptivity and obedience in developing a consciousness of the good desired. Our first step is to "make his paths straight."

If ye abide in me, and my words abide in you, and whatsoever ye will, and it shall be done unto you. Herein is my Father glorified, that ye bear much fruit; and so *shall ye be my disciples. . . . If ye keep my commandments, ye shall abide in my love. . . . These things have I spoken unto you, that my joy may be in you, and* that *your joy may be made full.*—JOHN'S NARRATIVE

Accepting God's Responsiveness

ANNIE S. GREENWOOD

Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, in the power of the Holy Spirit.

ACCEPTANCE IS the process of complete belief in what has been presented to the mind when accompanied by deep-seated feeling. When such mental-emotional awareness prevails there remain no doubts, fears, or anxieties concerning that which is being accepted. Free from negation, this complete acceptance brings perfect peace, and in turn, peace brings—and really is—wondrous power.

Divine responsiveness is an established principle. It is the basis for the amazing truth that God answers prayer—a sublime foundation for the Christian faith. Without God there would be no prayer. Our belief that God is and that He answers is the reason for our prayers. Meditation would be useless unless we were being heard by some attention-giving power. Our praise and thanks, silent or audible, would be but time wasters unless we had a firm inner conviction that they were being received. Certainly our asking, seeking, knocking would be lost efforts if there were nothing to respond to them.

Yes, we do believe in divine responsiveness and we are sure that God answers prayer. To strengthen this belief, to make it apply to all our prayers, not merely to the occasional one of desperate distress, we

need to understand as much as possible what really takes place when we pray. Understanding adds greatly to our faith. This is one important reason for the study of Truth Teachings: We begin to see the *why* of the procedure. With even a partial understanding of why and how some prayers are answered we see why others apparently are not. This helps in a practical, intelligent application of certain Truth principles, which will increase our faith as we progress. This intelligent faith becomes habitual, and we use it more and more successfully. Then does the "joy and peace in believing," to which Paul refers, truly "abound in hope, in the power of the Holy Spirit."

We do want to feel that God answers prayers. The human heart instinctively cries out for such assurance. It is part of the intuitive longing of the heart of all men seeking to realize their relationship to the Father.

What is the basis for our trust in such responsiveness? Have we a foundation for our belief in this universally desired phenomenon? What lies back of that faith which feels, especially when we are in trouble, that the Father receives our call and answers it?

We may not acknowledge these questions, but they lie deep in the heart of every man and woman and cannot be entirely suppressed. The heart yearns for something to satisfy the questioning. Let us try to find the answers.

Metaphysics teaches that everything is resolvable to one general substance—invisible, intangible but everywhere present. Logically, Truth, therefore,

believes that everything originated in this substance. Let us call it unmade-up cosmic raw material. Study and experimentation prove that the only way to make an impression on this substance is by our thought power. Furthermore, it must be a believing thought. This is our cue. If we believe that things are bad, that times are hard, that people are unkind and unreliable, this belief—our habit of thought—registers in the invisible realm and brings to pass these negative conditions.

Conversely, persistent, habitual thinking of good, beneficial, favorable, harmonious, joyous conditions, with a definite belief in them, brings us the positive experiences that correspond to this kind of thought. Frankly, we do not clearly understand this, but when we find it being proved by thousands of persons as well as by ourselves we cannot deny it. Here is a principle that demands our consideration, even though as yet it is beyond our comprehension.

We are forced to admit that there is a great responsive power constantly functioning and that it produces for us what is negative or positive, bad or good according to the thoughts we impress on it. Further, we learn that though we may not deliberately choose to start such conditions into manifestation they do take place, with results according to the kind of thinking we have done. And this is true even though we gave no thought to the process of establishing them in our lives and affairs.

In fact, we soon discover, if we give it any intelligent thought, that this unexplainable, all-powerful something does respond to us. As Christian men and women we want to feel that God answers prayer.

As Truth students we are forced to see that such responsiveness is a law, forever operating, whether or not we are paying any attention to it.

This principle of infinite responsiveness is vitally important. Thought and reason show us that it is a law we must recognize. It is not something from which we may try to escape only to find such escape impossible. Instead, it is a great and mighty truth with which to become acquainted and to use to our advantage. What could anyone contemplate as greater than the majestic truth that God responds to our claim upon Him and still leaves us the power of choice, which is the prime privilege of self-consciousness?

Surely anyone's ordinary good judgment would insist that he conform to such a law. To use it so that it brings disaster shows a sad lack of wisdom or, at best, a complete disregard for it.

It becomes evident, therefore, that by our habitual mental and emotional attitudes, accompanied and acted upon by the responsiveness of the Universal, we make our own destiny. We carve out success or failure, happiness or sorrow. Knowing this principle, we see what wrong thinking has brought us. But—glorious to realize—we can decree the disappointment into a benefit; the regrettable, unexpected event can be used to promote some greater achievement or happier experience. The change in our plans that appears so negative and disappointing can be made to open wide the door to something eminently better. Later on, we shall look back to it with thankfulness and see it as a special blessing. Even an injustice done us can be

what pushes us into greater opportunities and well-being.

Political influence is not supposed to infringe on a state's school affairs, but sometimes it does. One woman's work as instructor in a large state college was being terminated. For thirteen years she had been highly successful in her own department and co-operative with the entire organization. A change in the state politics, however, had so dominated the educational system that many faculty members were being asked to resign. For this woman it was an extremely hard condition to face. The pretty college town was her home. Here her children were being reared; here in the cemetery was the newly made grave of her soldier-husband. Her life had become deeply rooted in the community.

This woman knew nothing of Truth teachings, but she did know the power of the prayer of faith and earnestly prayed for the right adjustment. She applied elsewhere and was soon offered a similar position in another city. Late that summer the old home was dismantled, and the necessary move was made. In the new position her executive ability was recognized, and considerable administrative work was added to her teaching program. This resulted in a salary of more than twice what she had been receiving. The next year she was called to a large metropolitan city with further increase in salary. Several years later, she came in contact with systematic Truth teachings, which changed her entire life and finally led to nationwide service and a career of joyous worth-whileness. With new interests and expanding usefulness she felt amply repaid financial-

ly, intellectually, and spiritually for the disappointment and heartache following that June day when her resignation was asked.

Almost anyone's life records a similar experience. A severe disappointment need not be a tragedy. It can be transmuted into a blessing, especially when we know the law of God's responsiveness and then think and act accordingly. This is the result of our having reached a clear understanding and acceptance of that law—the truth that God does answer prayer.

Let us not restrict our thought of prayer to merely asking for something. It means far more than that. Prayer is the intent of the mind and emotions, whether or not it is spoken. Whatever controls our thoughts, feelings, and desires, and thus exerts a strong influence over us, may be called prayer, because it makes its impression on the divine substance and brings about corresponding results. How exceedingly careful we need to be in all our thinking! By it we are determining our future—a future that begins this moment!

To train ourselves in this principle, let us use statements similar to the following until we so take them for granted that we guarantee our happy self-expression and spiritual growth:

I know my every thought and emotion registers in God-Mind and bring its corresponding result.

I accept this as a law governing my life and I act accordingly.

Daily I give thanks that I can choose my material good and my spiritual unfoldment, so that I "abound in hope, in the power of the Holy Spirit."

The recognition and acceptance of God's responsiveness is of prime importance in developing our ability to live powerfully. It demands our attention and warrants our grateful appreciation and reverent belief as we make daily use of it. It leads to peace and power.

Prayer at Twilight

Pauline Tyson Stephens

Dear God, as curfew's gentle touch
Has brought the closing of the day,
I ask forgiveness for the faults
That may have led my feet astray.

I ask that Thy good counseling
May heal my soul and hold me fast
Against a futile backward glance
To erring footprints of the past.

I proffer gratitude for all
The blessings lavished by Thy hand;
For life and health, for peace of mind
And friends that care and understand.

Now let me gain the strength within
The sanctuary of the night
To meet new challenges that rise
In the glory of the morning light.

I Meet My God in Silent Prayer

from the writings of

CHARLES FILLMORE

Illumination: Divine inspiration constantly taps at the door of my heart, and I am at peace. I know what to do.

Prosperity: Peace and prosperity are enthroned in me, and I am prospered in all ways.

Healing: The peace that passeth understanding, even the peace of the Lord Jesus Christ, gives me peace of mind and health of body.

INSTRUCTIONS—Persistent meditation upon the Truth contained in these lessons merges the consciousness with God-Mind. Take up each prayer, with Jesus as the center of faith, and hold it in the silence until you get a realization of Truth and you can say, "It is finished." Realizations are the vehicles through which ideas make themselves manifest.

Be faithful to the silence hour. After this manner you are "born anew" into spiritual consciousness. You leave behind personality, and look to Spirit for your good.

When the seed of Truth is planted in good mind soil, it will not "return unto you void."

When the Christ Mind within illumines the understanding, the peace of Spirit permeates the whole consciousness. You feel that you are master over every situation. And so you are, for "God is no respecter of persons." No matter who you are, the highest spiritual ideas may be flashed into your mind while you are performing the commonest duties of life. Jesus who became the Christ, was reared in the scrubby little village of Nazareth. So in the mediocre mind, the powerful Christ Truth often begins to express.

The Christ of the New Testament is the same as Jehovah of the Old Testament. When the Hebrew teachers needed to establish peace in the minds of their people, they invoked Jehovah-Shalom. Jehovah-Shalom means "Jehovah is peace" or "the Lord send peace." The whole world needs peace today as never before, and true and lasting peace will not be ushered in until men call upon the name of Jehovah, or Christ.

Call upon this all-powerful One, Jehovah-Shalom, to make peace even in the midst of war. Great miracles have resulted from such action. It was the Jehovah-Shalom in Jesus that proclaimed, "My peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be fearful."

The peaceful man is an illumined and powerful man. Realizing this, declare:

Divine inspiration constantly taps at the door of my heart, and I am at peace. I know what to do.

The prophecy that the Garden of Eden will be restored on earth—a time when man shall possess the earth in peace and plenty—is older than the Bible. All prophecies agree that this condition will be brought about through causes originating largely with man and his acts.

Those who are watching the movements of the mental realm know that great changes are going on. In politics and in government, upheavels are at work. The rights of men are no longer theories. Regardless of appearances, all along the line are evidences of the birth of the Prince of Peace. A higher state of consciousness is bursting full-blown upon the race. Those who are open to its influx are being rewarded.

The balanced mind is a peaceful mind. It does not entertain thoughts of greed or selfishness, nor seek in unlawful ways to lay hold of material riches. Hidden things are revealed; every "jot and tittle" comes under law.

Substance is an idea, unlimited. To demonstrate bountifully, call to mind that this thought stuff is the fundamental basis of the universe, out of which all things are formed. You can demonstrate any good by unifying in understanding and faith your I AM with that good.

The heart is the center from which divine substance is poured forth. Realizing this Truth, affirm with great faith:

Peace and prosperity are enthroned in me, and I am prospered in all ways.

PACIFIC SCHOOL OF RELIGION

Peace comes as a result of confidence in the reality of inner experiences. This inner quiet, "even the peace of Jesus Christ," should be cultivated by affirming in silence its reality. It is a quickening of the intuitive perception of Truth that, step by step, brings the body to perfect wholeness.

Vitalizing energy floods your being and you are healed when you are in accord with the goodness, the beauty, the Truth, and the righteousness of omnipresent Spirit. Everything is governed by law, and harmony is its expression. This is illustrated by the living body, which is an instrument sensitive to the touch of the master artist, I AM.

You help yourself by helping others. Christ is the Great Healer. Any man with a great soul compassion and yearning to help humanity out of its errors and sufferings, such as Jesus had, is a real spiritual healer. When anyone enters such a state of consciousness, a healing virtue that reduces all discord to harmony and health pours out from him.

"Praise ye Jehovah;
For it is good to sing praises unto our God;
For it is pleasant, *and* praise is comely.
Jehovah doth build up Jerusalem;
He gathereth together the outcasts of Israel.
He healeth the broken in heart,
And bindeth up their wounds."

Placing your trust in God through Christ, affirm:

The peace that passeth understanding, even the peace of the Lord Jesus Christ, gives me peace of mind and health of body.

Wells of Abundance

BLANCHE TROMBLÉ EVANS

"ABUNDANCE CONSISTS not alone in material possessions, but in an uncovetous spirit," said Selden.

Jesus said, "Take heed, and keep yourselves from all covetousness: for a man's life consisteth not in the abundance of the things which he possesseth."

Covetousness has been the theme of many a sermon, and many are the warnings not to be covetous. The word covetous means "grasping" or "desire for that which belongs to another." Covetousness is the result of fear and an absence of understanding of our place in the universe and our inheritance from the Creator.

It is not sufficient, however, to say, "Do not be covetous." We must fully understand that there is no need for us to be covetous, for we have inner God-given resources to draw upon and utilize and in sufficient quantities for us to lead the abundant life. We should not be covetous, because in so doing we are expending energy and wasting mind stuff that we should be using to bring forth the God-given resources that await our command and demand.

Charles Fillmore said, "If we do not conserve and use our precious thought stuff in the attainment of our own God-intended good, we do not find that which satisfies, builds, and sustains us in ways of happy and harmonious living."

When we know fear, which is the opposite of

faith, our thought substance is dissipated, and we use up the very energy and power that would carry us far on the road to abundance. In reality, man has within himself great "wells of abundance." Existing as God's supreme creation, man does not have to stoop to the plane of cunning, deception, or force to get his daily bread. When he does he descends to the animal plane and preys upon others who have, by the law of attraction, good honest work, and the intelligent use of their thought stuff come into possession of the material things they desire.

Man can maintain his standing in the world as God's highest creation only if he lives in authority and as master of himself, which means that he must be master in and of his own thought world. When he is master he is discriminate as to what he thinks, what he allows to enter and possess his mind.

You can be so convinced of poverty that there is no human power that can prevent poverty from springing into manifestation in your life. To the contrary, if you have a knowing realization that the abundance of God is yours, all the forces of heaven and earth contrive with you to bring abundance to you.

You can think you have a disease, or fear that some function or organ of your body is out of order until you actually develop the disease or functional disorder. On the other hand, you can rid your mind of that secret thought and fear and you will recognize the fact that you are feeling better and soon you will find yourself whole again.

A man was healed not long ago in an evening lecture-healing meeting. He had thoroughly believed

in and suffered from a heart ailment. But his faith was aroused, he caught the idea, and he experienced how obedient the heart can be to right thinking and faith. The body responds to Spirit as clay responds to hands that mold it after a certain form.

When the centurion said to Jesus, "Only say the word and my servant shall be healed," Jesus asserted, "As thou hast believed, *so* be it done unto thee." Man has the power to change his thoughts and feelings and thus, to change his body, his circumstances, and his surroundings. According to the Holy Word, "Thou shalt also decree a thing [good or bad], and it shall be established unto thee."

Man exists in such a high position in the universe that he can decree whatever he chooses. If he is unacquainted with God's law of justice, he ignorantly uses his power of thought to create sickness, unhappiness, and lack rather than good.

The higher man ascends in spiritual consciousness, the more he realizes that he is a cocreator with God. He has wells of abundance from which to draw resources he never dreamed he had.

When the runner is out of breath he gets his second wind from out the well of abundance within himself. From sorrow comes understanding and peace. What happens? The sorrowing one unconsciously or consciously draws from the well of abundance that balm which he needs for surcease from sorrow.

In my work in a hospital I have seen many patients respond with life when the doctors said they were past hope of recovery. When the mind has the thought of life and desire for life sufficiently

strong, it will make that life manifest. We decree with our thoughts, words, and feelings what we shall experience.

Even the Devil recognized that man has wells of abundance from which he can draw. When the Devil tempted Jesus to demonstrate His powers and cast Himself down from a high pinnacle he said to Jesus:

"He [God] shall give his angels charge concerning thee, to guard thee:

and

On their hands shall they bear thee up,
Lest haply thou dash thy foot against a stone."

Jesus was too wise to make a show of His power, however. He maintained His inner integrity and did not succumb to the temptations of the Devil. He drew upon His hidden power for strength to stay in the high state of consciousness that enabled Him to rise above hunger during His forty days of fasting in the wilderness. The angels had charge over Him; they guarded Him and bore Him up when He was sorely tried.

Angels are our true thoughts. Through the ages all great men and women have at some time been borne up along the way by angels and sustained from out the very depths of God's abundant, loving heart through hardship, sickness, and trouble until they gained their equilibrium. Every good desire and thought that you have is an angel that will bear you up lest haply you dash your foot against a stone. Stone represents a hard or difficult situation. God's law gives back in exact ratio and kind that which you think and feel and, thus, give and share.

Your mind and heart can be such a deep well of abundance that you will always be able to draw from it whatever you need. "Lay up for yourselves treasures in heaven . . . where thieves do not break through nor steal." Selden spoke truly when he said, "Abundance consists not alone in material possessions, but in an uncovetous spirit." A person with an uncovetous spirit is a person unafraid. He is a person that knows he has stored up treasure in the heaven of his own mind and heart that thieves cannot steal and over which the angels have charge. When abundance fills our minds and hearts we are rich. We become rich by thinking true, positive thoughts.

There is no other satisfaction that equals that of good, sincere effort to overcome the lesser self. I am sure I have never received a compliment that I appreciated more than one written on a small card in a book sent to me by a friend and former student. It said simply, "If anyone ever pulled himself up by his own bootstraps, you have, and I bless you for it."

No one can ever really pull himself up by his own bootstraps alone; always there are angels to help us; ever there are deep wells of abundance from which we draw that which sustains us! I give thanks for the angels.

We may pull ourselves up to some extent blindly and ignorantly, because God's purpose and will for us is never less than good. Then again we may work intelligently and with purpose toward the attainment of our goal, knowing we are never alone. This is the Master's way, the sure way. It is the way of understanding and faith.

Study, prayer, meditation, sincerity of purpose,

and overcoming are the road to travel to attain the life of mastery.

When Moses led the Children of Israel out of the Egyptian bondage they came into a land flowing with milk and honey. When you are oppressed and in bondage, as were the Israelites, you will be delivered, too, if you listen to Jehovah as Moses did. "The angel of Jehovah appeared" to Moses, and Moses obeyed. Milk and honey in Bible symbology represent abundance. When the angel thoughts (true thoughts) come to deliver you and you obey them you, too, are delivered from your affliction, whatever that affliction may be—a sick mind, a sick body, a slow tongue, as was the case of Moses, poverty, sorrow, or ignorance—you will be healed.

A "land flowing with milk and honey" awaits everyone who wants to emerge from the darkness of bondage. To know that there are angels who will acquaint us with God's wells of abundance is to be sparked to live with enthusiasm and purpose!

Whence Cometh Our Strength

When we lift up our troubled eyes
  To God's eternal hills
Which seem to touch His wide, wide skies,
  Their silent power stills
Discordant thoughts to harmony
  Until our faith revives:
The faith that this calm strength can be
  Reflected in our lives.

—*Mabel Hatton Marks*

Noblesse Oblige

EDITHE WEARE

WHAT IS *noblesse oblige?* The dictionary says, "the obligation of honorable and generous behavior associated with high rank or birth." From general usage the word has come to mean doing more than is expected of one; going beyond the line of duty; going out of one's way to be polite, thoughtful, and kind. If this, then, is *noblesse oblige,* how many of us put it into practice?

In everyday living how much attention do we pay to the amenities, the little niceties that lift life out of the commonplace and make it glow? Tense and anxious, we rush about our tasks and chores, too busy for the word of sympathy, the note of appreciation, the gesture of understanding—things that Archibald Rutledge would call "life's extras." And yet, it is the extras that make life beautiful.

How then, do we manage to include these extras? We include them when we express genuine interest, though the need is only for politeness; when we are gracious, though our office requires only respect; when we are considerate, though we are asked only to be civil; when we go out of our way to do the things that please, gladden, delight, or charm.

An example of *noblesse oblige* was recently brought to my attention. I was doing business at a bank and not being a businesslike person, I did it in a way that seemed clumsy to the clerk. In a rather

brusque manner she told me how it should be done and suggested that, hereafter, I do it the way she said. I left the bank feeling humiliated and a bit dejected. The sun did not shine quite so brightly as it had shone when I went in the bank. The next week I did the same business at the same bank and I made the same mistake—but at a different window. This time I was treated with great courtesy. The teller noticed my clumsy method, as did the other one, but rather than reprimanding me, she said, "The next time you do this, it would be to your advantage to do it this way, I believe." What a difference a few kind words made! When I left the bank, though the outside world was gray with a cold fall rain, my world was as bright as a spring daffodil! Incidentally, the quiet suggestion did more to correct my fault than the brusque command. I have never since made that mistake.

It is true that "nobility obligates." Once we become a soldier of the Cross—crossing out all that is not good—we obtain rank and we must live up to the obligation that it entails. Nobleness of conduct is expected from those wellborn, and we are all wellborn, for we are all born of God. This leaves us no choice but to accept our responsibility and to be noble. To be noble is "to be high in excellence or worth; to be generous and honorable; to be magnificent."

All I have seen teaches me to trust the Creator for all I have not seen.—EMERSON

Sunday LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 1, October 5, 1952

UNITY SUBJECT—*Preparing the Way to Dominion.*

INTERNATIONAL SUBJECT—*Dedicating Life to God.*
—Matt. 3:16—4:11, 17.

16. And Jesus, when he was baptized, went up straightway from the water: and lo, the heavens were opened unto him, and he saw the Spirit of God descending as a dove, and coming upon him;

17. And lo, a voice out of the heavens, saying, This is my beloved Son, in whom I am well pleased.

1. Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.

2. And when he had fasted forty days and forty nights, he afterward hungered.

3. And the tempter came and said unto him, If thou art the Son of God, command that these stones become bread.

4. But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

5. Then the devil taketh him into the holy city; and he set him on the pinnacle of the temple,

6. And saith unto him, If thou art the Son of God, cast thyself down: for it is written.

He shall give his angels charge concerning thee: and,

On their hands they shall bear thee up,
Lest haply thou dash thy foot against a stone.

7. Jesus said unto him, Again it is written, Thou shalt not make trial of the Lord thy God.

8. Again, the devil taketh him unto an exceeding high mountain, and showeth him all the kingdoms of the world, and the glory of them;

9. And he said unto him, All these things will I give thee, if thou wilt fall down and worship me.

10. Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.

11. Then the devil leaveth him; and behold, angels came and ministered unto him.

17. From that time began Jesus to preach, and to say, Repent ye; for the kingdom of heaven is at hand.

GOLDEN TEXT—

Lo, I am come . . .
To do thy will, O God.
—Heb. 10:7.

SILENT PRAYER—*My desire is to keep wholly to the will of the Christ.*

When it is first realized, power brings with it a subtle temptation in threefold form. Jesus underwent the trials of meeting this temptation, and we may profit by studying His method and following it.

In the first place Jesus submitted to baptism by John. Baptism is a symbol of denial, and by being baptized Jesus signalized His denial of the power of the sense mind over Him. To do what is right in every circumstance is best for us. Even when sin does not weigh upon the conscious mind it is right to deny its power over the subconscious mind, for the

latter harbors vast reservoirs of past thoughts and acts no longer remembered. Through becoming conscious of Divine Mind within Him, Jesus had overcome the claims of sense, but He was baptized by John in token of erasing all past impressions of error from the subconscious mind.

But when He had once denied the power of past impressions of error He put them behind Him and turned to the constructive form of thought. "Jesus, when he was baptized, went up straightway from the water." Lingering in denial is undesirable. It is best to leave negation behind as soon as possible.

One of the principal teachings of Jesus is that the kingdom of heaven is within us. He conquered the inner realm and established Himself as king over it. He came to show us how we may make the same inner overcoming. Our real world is the inner realm of mind and heart. When we gain dominion over it we are fitted to cope with life regardless of the turn it takes or what it brings to us.

The first temptation that assailed Jesus, it would seem, was the result of a legitimate desire. The impulse to satisfy His extreme hunger immediately was natural. Since He was conscious of divine power within Himself to command substance, why should He not turn stones into bread? Later in His ministry Jesus fed the multitudes on two occasions by having recourse to spiritual power over substance. However, the Christ Spirit does not use power for selfish ends. Instead, it subordinates the self to the higher will.

Physical hunger is a symbol of the soul's hunger for the living bread, the Christ. The temptation to

serve the lower with the higher was therefore met by Jesus with the words, "Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." With these living words Jesus appeased His hunger. In case of emergency the affirmation, "I feed on the faithfulness of the Father and am sustained by the living bread" keeps physical hunger at bay.

The temptation to make a display of spiritual power and use it to convince others was met by Jesus with words that do not appear in the Decalogue: "Thou shalt not make trial of the Lord thy God." To try out a saying merely to see whether it will work is a demonstration of faithlessness. Faith in God must be strong in the heart before any attempt to prove His law is made, and no attempt to gratify personal curiosity is legitimate.

The third temptation assails those who have realized mastery of mental laws and are able to control events in the outer realm. To control outer events for personal ends is to worship personality, which is the man-made "devil" of ambition and thirst for power. Although such power brings success of a kind and for a time, its ends are destructive and catastrophic, because it flouts divine law. "Thou shalt worship the Lord thy God, and him only shalt thou serve."

When we know how to use our power to meet and master temptation in both the inner and the outer realm and when knowledge is reinforced by desire in us, we are ready to take our place in the work of the spiritual kingdom. This place involves work for the kingdom. "From that time began Jesus

to preach, and to say, Repent ye; for the kingdom of heaven is at hand." What He had learned and proved in His own experience He at once began to teach to others, to the end that the kingdom might be a universally realized state of peace and joy on earth.

Questions

1. When the sense nature is denied power over the life what is its reaction?
2. What form of denial of the sense nature did Jesus make, and why did He make it?
3. What is our real world, and how do we gain dominion over it?
4. Why was it not legitimate for Jesus to turn stones into bread in order to satisfy His extreme hunger?
5. Of what is physical hunger a symbol?
6. What takes place when spiritual power is used to control outer events for personal ends?

Lesson 2, October 12, 1952

Unity Subject—*The Working of the Perfect Law.*

International Subject—*Christians Should Be Different.*—Matt. 5:1-12.

1. And seeing the multitudes, he went up into the mountain: and when he had sat down, his disciples came unto him:
2. And he opened his mouth and taught them, saying,
3. Blessed are the poor in spirit: for theirs is the kingdom of heaven.
4. Blessed are they that mourn: for they shall be comforted.
5. Blessed are the meek: for they shall inherit the earth.
6. Blessed are they that hunger and thirst after righteousness: for they shall be filled.

7. Blessed are the merciful: for they shall obtain mercy.

8. Blessed are the pure in heart: for they shall see God.

9. Blessed are the peacemakers: for they shall be called sons of God.

10. Blessed are they that have been persecuted for righteousness' sake: for theirs is the kingdom of heaven.

11. Blessed are ye when *men* shall reproach you, and persecute you, and say all manner of evil against you falsely, for my sake.

12. Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets that were before you.

GOLDEN TEXT—*Let your light shine before men; that they may see your good works, and glorify your Father who is in heaven.*—Matt. 5:16.

SILENT PRAYER—*My light is the sign that my actions give of the faith that is in me.*

In the Beatitudes Jesus describes the working of divine law. From whatever angle this law is viewed its action and response are perfect. Before it is possible to understand this law, one must be in a high consciousness (ascend into a mountain). When a high impersonal state of contemplation is reached through silence and meditation one can then see the law in operation.

The first phase of the law to be considered is that of compensation. Divine law renders an equivalent or strikes an accurate balance in every experience that comes to the soul. The poor in spirit are blessed; without worldly pride, they are free to enter into the simple, genuine joys of life, which form such a large part of the kingdom of heaven on earth. The

humble person is carefree, unburdened by the responsibility felt night and day by the one who considers his work indispensable and himself correspondingly important. Lacking the praise and adulation of their fellowmen, the poor in spirit are free to live in that inner world where the true values of mind and heart are found.

The meek are the gentle men and women to whom, by divine right, the earth belongs. The proud and haughty conquerors of the world pass and are forgotten. The meek and lowly of heart find rest of soul and true understanding of life, and their memory persists throughout the ages.

They that mourn shall be comforted. In order to keep its perfect balance, the pendulum of feeling swings back as far as it has swung forward. The love of life reasserts itself, and the Infinite moves onward in human life as in every other expression: perfect compensation.

Divine law contains the principle of attraction also. They that hunger and thirst after righteousness are blessed; for soul hunger draws to itself its satisfaction. "Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat; yea, come, buy wine and milk without money and without price." In opening a credit account for the satisfaction of spiritual hunger and thirst, all that is necessary is the hunger and thirst itself, combined with a steadfast looking to the source of the all-supply of every need. The magnet draws itself iron filings, not wood shavings. The son who calls to his father for bread receives bread, not a stone. So they that call with

concentrated attention for the things of Spirit receive the very bread of life and the living water.

In the other Beatitudes concentration is seen as a phase of the working of divine law. The merciful are blessed in giving their thought to mercy and kindness. They receive their reward in the same quality of mercy as that on which their hearts are set.

The pure in heart are blessed by the very nature of their constitution. They see no evil, and the way to God lies clear before them. Purity of heart includes singleness of motive and intent, as well as the imputing of nothing but good to others.

The peacemakers are blessed because they work in the very medium of blessing—peace. No one can make peace for others without entering into peace himself; and to know peace is to know happiness and to demonstrate that he is a son of God.

Those who have been persecuted although they were in the right are blessed; for when human rights are invaded those who are affected turn their thoughts to the higher law of the spiritual realm and look to it for the righting of their wrongs. And none who looks to the higher law is left finally without remedy. Divine law supplies all defects of the law of men, which is so deficient in justice and balance that it has to be supplemented by equity.

Those who are persecuted and spoken of falsely are blessed; for such treatment makes them look to the realm that the prophets saw and understood. The prophets were persecuted because they pointed out to their contemporaries the underlying causes of undesired effects in their lives, because they foretold

other undesirable effects to follow the departures from the divine law, which were then common.

QUESTIONS

1. What state of consciousness is necessary to an understanding of the working of divine law?
2. What blessings are realized as a result of the compensation of divine law?
3. How are the poor blessed in spirit?
4. Is meekness an unalloyed blessing?
5. How is the principle of attraction illustrated in divine law?
6. Does the habit of concentrating on our spiritual faculties and expressing them insure blessings for us?

Lesson 3, October 19, 1952

UNITY SUBJECT—*Living the Inner Life.*

INTERNATIONAL SUBJECT—*Jesus Demands Sincerity.*
—Matt. 6:1-8, 16-18, 22-24.

1. Take heed that ye do not your righteousness before men, to be seen of them: else ye have no reward with your Father who is in heaven.

2. When therefore thou doest alms, sound not a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, They have received their reward.

3. But when thou doest alms, let not thy left hand know what thy right hand doeth:

4. That thine alms may be in secret: and thy Father who seeth in secret shall recompense thee.

5. And when ye pray, ye shall not be as the hypocrites: for they love to stand and pray in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have received their reward.

6. But thou, when thou prayest, enter into thine inner chamber, and having shut thy door, pray to thy

Father who is in secret, and thy Father who seeth in secret shall recompense thee.

7. And in praying use not vain repetitions, as the Gentiles do: for they think that they shall be heard for their much speaking.

8. Be not therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

16. Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may be seen of men to fast. Verily I say unto you, They have received their reward.

17. But thou, when thou fastest, anoint thy head, and wash thy face;

18. That thou be not seen of men to fast, but of thy Father who is in secret: and thy Father, who seeth in secret, shall recompense thee.

22. The lamp of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.

23. But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is the darkness!

24. No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to one, and despise the other. Ye cannot serve God and mammon.

GOLDEN TEXT—*Where thy treasure is, there will thy heart be also.*—Matt. 6:21.

SILENT PRAYER—*We seek to know the indwelling Spirit of all good, and Jesus Christ, the perfect expression of that Spirit.*

Life has two focal points, an inner and an outer, upon one of which the thoughts of the individual converge. One either lives in the thought and purpose of his own spirit, in which case his house is built upon the rock of reality, or he centers his mind in what others think and regulates his conduct by

appearances. In the latter case, he builds upon the shifting sand of mass personality. Jesus, in the lesson for today, sought to show His apostles the importance of focusing life on the inner center.

To do right for right's sake and because we wish to be in the right and not for the sake of being seen doing right is the proper approach to life. To do good to others because in Spirit we know that we are one with all others and that in helping them we help ourselves is the right attitude for doing good. We should never publish abroad our charities or our efforts to do good in order to receive credit for them.

Prayer is one of the strongest rays that converge toward the true center of our being, the indwelling Spirit. Paul discerned that the purpose of prayer is to strengthen oneself through His Spirit in the inner man. Jesus' instruction was to pray to the Father in the inner chamber. The inner chamber is the life of thought and feeling that each lives to himself, guarding it as one guards an important secret.

We have not yet learned to express perfectly our true nature. We know ourselves as we cannot make ourselves known to others. We desire to make ourselves thus known, and our efforts toward self-expression tend to focus our thought on what others think of us rather than on what we ourselves are in our own hearts. Jesus warned His followers against doing things for the sake of show, as the actors in a theater are accustomed to doing. Even prayer, the most intimate act of the mind, may be made to an audience rather than to the Creator.

Hypocrites called forth the disapproval of Jesus

for the reason that pretense, once it has fastened its grip on the heart, is the most difficult of all obsessions to dislodge. Originally the word *hypocrite* was used to designate an actor in a theater. The virile language of our time furnishes an equally strong description of conduct centered in appearances in the phrase "playing to the galleries." Cheap applause can never satisfy the one whose mind is centered in Truth.

Fasting clarifies the mental perceptions, and it is for this purpose that it should be undertaken. The faster receives his reward in quickened perceptions and more alert thinking, not in public recognition of his abstemiousness.

The physical eye allows light to be transmitted to the optic nerve, and by these rays of light we see the world about us. If the eye is clear and strong and the vision perfect, the messages it transmits to the brain are true. If the eye is astigmatic or contains a cataract, the light is deflected and the image is thrown out of focus or shut off, so that either the impression conveyed to the brain is a distorted one or nothing at all is conveyed. Likewise, if the eye of the mind squints through bias or prejudice, or focuses unevenly, seeing now good, now evil conditions, the whole man is in the darkness of ignorance. From this he will escape only as he gets his mental eyes open to see the perfection of God's world.

Loyalty is not a trait that can be successfully divided. One may be loyal to two friends who are unfriendly to each other, but no one can be loyal to both good and evil, because these are opposite ideas. "Ye cannot serve God and mammon." One cannot

be both spiritual-minded and material-minded, for the two are on different levels. Yet people constantly try to be a little of both, as occasion seems to demand. The sooner it is realized that no one can go both up and down at the same instant, the better it will be for the progress of the race. Unless the character has a keynote, there is no fundamental harmony in the life.

QUESTIONS

1. What two focal points has life, and to which one should we hold?
2. Why should we do right?
3. What is the "inner chamber" of prayer?
4. Is hypocrisy always easily recognized?
5. What is gained by fasting?
6. What is meant by the eye being "single"?

Lesson 4, October 26, 1952

UNITY SUBJECT—*Truth Is Practical.*

INTERNATIONAL SUBJECT—*Doing God's Will.*
—Matt. 7:12, 15-27.

12. All things therefore whatsoever ye would that men should do unto you, even so do ye also unto them: for this is the law and the prophets.

15. Beware of false prophets, who come to you in sheep's clothing, but inwardly are ravening wolves.
16. By their fruits ye shall know them. Do *men* gather grapes of thorns, or figs of thistles?
17. Even so every good tree bringeth forth good fruit; but the corrupt tree bringeth forth evil fruit.
18. A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit.
19. Every tree that bringeth not forth good fruit is hewn down, and cast into the fire.

20. Therefore by their fruits ye shall know them.

21. Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father who is in heaven.

22. Many will say to me in that day, Lord, Lord, did we not prophesy by thy name, and by thy name cast out demons, and by thy name do many mighty works?

23. And then will I profess unto them, I never knew you: depart from me, ye that work iniquity.

24. Every one therefore that heareth these words of mine, and doeth them, shall be likened unto a wise man, who built his house upon the rock:

25. And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon the rock.

26. And every one that heareth these words of mine, and doeth them not, shall be likened unto a foolish man, who built his house upon the sand:

27. And the rain descended, and the floods came, and the winds blew, and smote upon that house; and it fell: and great was the fall thereof.

GOLDEN TEXT—*Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father who is in heaven.*—Matt. 7:21.

SILENT PRAYER—*I seek to direct my habitual thoughts into the Christ Mind that it may transform them to Christlikeness.*

The Golden Rule is a practical statement of the law of cause and effect. By keeping it we may determine the degree of fulfillment of our desires. By keeping it we can live a happy, successful life and become useful members of society.

To act toward others as they act toward us is to be enslaved by the race thought and have our course

of action always indicated to us in advance. To act toward others as we should like them to act toward us is to take the initiative and become originators in our own sphere. Jesus did not allow anyone else to map out a plan of action for Him. He struck out boldly and pioneered in the field of original action, setting a perfect example that was always within divine law.

The false prophets of whom we are to beware are representations of deceptive thoughts that seem innocent and harmless enough of themselves, but that are, in reality, selfish and dangerous at base. The thought that we must leave everyone else free to follow his own course to the top of his bent is a false prophet. We cannot and should not force others to conform to our ideas, but it is our responsibility to express our principles at all times by our example and thus to help educate others in the understanding of the straight way. Example is a true prophet, for it brings forth fruit after its kind, which anyone can see. Our works are the natural consequences of our inner thought, and the "fruits" are the results of both thought and action.

The parable of the fruit is a striking one, for it is by the fruit that the tree is principally known. Those who wish to "lay hold on the life eternal" are careful to make the tree "good," so that its fruit may be good also. The tree of life is rooted in our thoughts and desires, and its trunk is the main body of consistent living that springs from these sources. Our words and acts are the leaves of the tree of life. Many of these are of such a nature that we do not expect them to last long in the minds of others or

to influence anyone very deeply. Nevertheless, others take these small expressions of our inner life as indicative of our nature and character. Sometimes words form the immortal part of a person. Always when they are true and vibrant with meaning they go on living in the minds of those who hear them. Therefore, it is important for us to speak wisely and with purposefulness.

The parable of the two houses, one built upon the rock and the other upon the sand, shows clearly that the life that is founded on Principle withstands the shock of adverse circumstances under which the superficial life, lacking basis in Truth, goes down. "The rain descended, and the floods came, and the winds blew" with equal force on the two houses, and adversity comes alike to the evil and to the good who neglect consciously to align their lives with divine law. He who understands the law and does his thinking in conformity with it is able to stand fast when disaster threatens him.

Whoever builds his thought life on unchanging principle has within himself certainty of conviction. He needs no one to teach him, for he himself is taught of God. We are sure of what we have experienced and need no authority to reinforce our conviction of "that which was from the beginning, that which we have heard, that which we have seen with our eyes, that which we beheld, and our hands handled, concerning the Word of life." Fundamental Truth is its own authority, and no one need be astonished at hearing it stated. John says of it: "And the life was manifested, and we have seen, and bear witness, and declare unto you the life, the eternal

life, which was with the Father, and was manifested unto us."

Our pressing need is teachableness and a reliable guide to solution of the problems of our own life and time. The question of what we ought to know and do concerning world peace, for example, requires faithful study of world conditions and an intelligent understanding of the claims of racial groups and of labor and management, to mention only two of the many subjects in which we need informed minds and willing hearts for the work that lies ahead of us. For knowing and doing are bound up together in one inseparable responsibility if we are to do our part in making the world a better place to live in than it now is. When we know what is to be done and follow up our knowledge with doing our share, we, too, may speak with authority.

QUESTIONS

1. What do we accomplish by keeping the Golden Rule?
2. What are false prophets? Name a true prophet that everyone can send to others.
3. What is the law of life with regard to conduct?
4. Do adverse thoughts and acts bring a quicker reaction than good, constructive ones? If so, why?
5. What is the symbolism of the tree of life?
6. When only are we qualified to speak with authority?

He shall call upon me, and I will answer him;
I will be with him in trouble:
I will deliver him, and honor him.

—THE PSALMIST

The Lantern

Let me learn something new and fine today—
Almost it is a prayer—that I may grow:
Something above the humble things I know;
Some royal truth that would not scorn to stay
With facts I love, although they may seem gray
And featureless; something to shine and glow,
A clear, pure jewel, ready to bestow
Its splendor on the humblest seeker's way.
Beliefs that I had cherished tenderly
Had need of something great to make them
whole;
They seemed but broken fragments in the gloom.
Then love came beautifully and walked with me
Into the narrow attic of my soul,
And it was like a lantern in the room.

—*Evantha Caldwell*

Silent UNITY

Divine inspiration constantly taps at the door of my heart, and I am at peace. I know what to do.

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED.....

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

I Will Come and Heal

I AM SENDING in my Prosperity Bank savings, and I know that Silent Unity has held Mr. C—— and me in prayer to our great benefit.

I want to acknowledge with our most loving gratitude this great change that has come to me.

It has been difficult many times to avoid getting into a habit of thinking of myself as ill and only partly active, but I have kept trotting around mentally and doing things, and I now praise God that the manifestations of illness are disappearing. It seems like a dream, the whole experience, sometimes.

My feet and legs are slender and normal in size, and I can wear my triple A shoes again. My eyes are bright and my color rosy once more. I *look young* again.

It is such a marvel to acquaintances that they are asking me what I am taking. I am taking nothing now in the way of medicine. The change for the better began when I said: "Father this is your body. I do not know what to do for it. Show me what is needed, I pray of Thee." And this blessed sleep I am

having now instead of the pain in my spine.

When Silent Unity wrote they were praying, I rested in prayer, feeling we had help. These sacred soul experiences are hard to analyze and harder to express in words. With much loving gratitude.—*E. M. C., California.*

Filled with Plenty

I AM SO GLAD to be able to send you this report. In my previous letter I was rather discouraged, having failed to demonstrate sufficient supply to pay a long outstanding bill of almost four hundred dollars.

Yesterday I received notice that the bill had been paid in full by one of my relatives. When I called to ask him about it, he said he realized that I had been under heavy expense and he wanted to do something to help, so called the company who had been supplying my furnace oil and asked for the amount of my indebtedness.

The strange part of it all is, that this was the very bill I had written you about, when I mailed my Prosperity Bank savings, but had never mentioned it to any one else. I can hardly believe this has really happened, but do hope that in the future I shall live in a manner worthy of this demonstration.—*M. H., Maine.*

SEVERAL weeks ago I asked Silent Unity to join me in prayer, that my husband find work. He had been without a job since January 1st. So many places, it was a gentle brush off because of his age.

You will be happy to know that two jobs opened at one time. Nice that he could take his choice.

I certainly do praise God and you dear ones who joined me. It was a source of strength somehow to me, when I called on you.—*Mrs. R. H., California.*

He Is My Refuge

ONE WEEK after starting the bank, my husband received an unexpected increase in salary. The following week my daughter also had an increase. During the past four years, I had a health condition that bothered me and I have been to four doctors during that time with no improvement. Since reading UNITY and learning to put my absolute trust in God, I suddenly realized a few weeks ago that this troublesome condition has disappeared.

I am so grateful for all these blessings, but above everything else, I thank God for a reborn faith and the realization of the truth in those wonderful words, "The Lord is my shepherd; I shall not want."—*Mrs. A. Mc., Rhode Island.*

I AM SO HAPPY. I found and use the Unity writings daily. I've sent out so much help, not only to others but my family as well, for my faith is great. I seldom doubt and if I do I get quiet and talk it all over with my Father, then I get busy with my job. You know room renting has many interruptions. I meet many kinds of people, but I bless them all and place them in God's hands. When I want them removed from my home, my Father and I have a quiet talk, and they get out easily. I could never have handled such situations for these last 19 years if it hadn't been for Unity's writings and prayers.

Yes, God has been good to me, and I sing praises

of His blessings daily as I work from 1st to 3d floor. I bless my home, I bless my work, my roomers all, my family has been a great blessing. But I give all credit to my Father.—*Mrs. M. E. K., Washington, D. C.*

I SHOULD like to express my thanks for the wonderful benefits I have received from Unity.

I first came in contact with your wonderful teachings in 1946 when friends of mine petitioned Silent Unity for prayers in my behalf. This was at a time when I was seriously ill. I am now hale and hearty—thanks to the prayers and God's will.

I am never without my UNITY magazine and I always pass the dog-eared issues along to friends after I receive my new issues. They are very grateful. —*L. G. C., California.*

He Shall Have Abundance

AS WE SEND our bank savings this time, we wish to thank you for your prayers. Because someone prayed, four rooms of our home have been made pleasant and attractive. Where we had not thought we could have new floors, we now have lovely red oak, beautiful to look at, and thick to keep out the winter winds.

When I asked you for help in prayer there seemed to be no possible way to make our house (which we had just bought) livable before cold weather. But everything has worked out beautifully, and my husband decorated our rooms so beautifully that the contractor asked him to work in part payment of our building bill. We have felt such a wonderful uplift since using the illumination prayer, *"The glory of the Lord is awakened within me, and I walk in the*

path of light." We use many others, and all are of great help.

Please use our savings to help pay the cost of wrapping literature for the many who are seeking Truth. With the advancing cost of all commodities Unity is doing a wonderful thing in continuing to send out its periodicals at the usual price. That is just one of the many blessings we can count.—*G. C., Arkansas.*

INCLOSED is a check to be used as specified on the blue slip, and also a request for another prosperity bank.

Shortly after sending in my remittance saved in my first prosperity bank, I was given a month's employment in a summer school teaching music. This opportunity not only afforded me a little extra money but also entitled my son to attend the school without charge, an experience which he enjoyed tremendously.

During the week following the remittance of my second prosperity bank savings, my husband received unexpectedly a sum of money owed him for quite some time. This sum pulled us out of a financial hole into which we had fallen and saw no way out without borrowing additional money.

While saving in this present prosperity bank, my husband received an unexpected raise in salary.

You and you alone probably can understand my deep and humble gratitude to a loving and understanding Father. I say this because it was a difficult thing for both my husband and I to understand that God's good works not only in our spiritual affairs but also in our material affairs.—*Mrs. W. W. H., Oklahoma.*

UNITY CENTERS

The following leaders are conducting a ministry in keeping with th Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham—Blanche Joki, 406 N 22

ARIZONA

Globe—Sarah Lightle, 117 E Oak

ARKANSAS

Little Rock—Mary Wayman, 108 Linwood

CALIFORNIA

Alhambra—Gertrude Hall, 25 N 2d

Auburn—John Hinkle, St Luke's Episcopal church

Bakersfield—Della Shutts, Brower bldg

Berkeley—Susanna Scott, Durant hotel

Beverly Hills—Ruth Rae, 200 S Canon

Burbank—Joseph & Mildred Haggerty, 1009 Cordova, Magnolia Arcade

Cambria—Alfred Williams, Highway & Warwick

Castro Valley—Edith Gruenwald, 6104 San Carlos

Compton—Margaret Butterworth, 115 N Chester

Culver City—Dollee Phillips, 4024 Irving

Escondido—Unity, 143 W Grand

Fontana—H P Nicholls, Community church

Fresno—Alice Stokes, 171 Blackstone

Glendale—Geraldine Johnson, 119 S Kenwood; Mary Adams, 724 South st

Hermosa—Winifred Dietz, 77 17th

Hollywood—Rose Schneider, 1162 N St Andrews

Inglewood—Maude Galpin, 226 E Spruce

La Crescenta—Harold Irving, 4004 La Crescenta

Laguna Beach—Myron Key, 678 Glenneyre

Long Beach—Louise Newman, 935 E Broadway

Los Angeles—Ernest C Wilson, Norma Knight Jones, C Franklyn Kelly, 635 S Manhattan Pl; Nina Fisher, 3010 Palm Grove; Dollee Phillips, Clarion Lindas, 3706 W Wash blvd; Helen Mouton (col) 4419 Mettler; Glenna Arrowsmith, 967 W Vernon; Emma Luke, 2120 S Union

Modesto—Alma Ladd, 316 Hackberry

Monrovia—Irene Malloy, 210 E Lime

Montebello Park—Gertrude Hall, Woman's Club

Napa—Helen Wade, Churchill manor

North Hollywood—Joseph & Mildred Haggerty, 4871 Lankershim blvd

Oakland—Alma Morse, 144 Athol

Pacific Palisades—Sue Sikking, 831 Via De La Paz

Pasadena—Max & Frances Flickinger, 239 N Euclid; Carrie Love, 80 Orange

Pomona—C Leroy Tuntland, 249 W Monterey

Redlands—H P Nicholls, 306 Brookside

Richmond—Winifred Deming, 1125 Nevin

Riverside—Chas Smith, 4044 8th

Sacramento—John Hinkle, 1025 9th Blanche Evans, Eastern Star temp

San Bernardino—Dr & Mrs H P Nicholl 763 D st

San Diego—Marie Fleming, 441 C st

San Francisco—Robert Hulbert and Ma Scully, 25 Fulton; Ethel Higgins, 13 Geary

San Gabriel—Ethel Turner, 325 S Pir

San Jose—Rose Emery, 40-B S 1st

San Leandro—Barbara Lyon, 561 La fayette

Santa Ana—Myron & Estelle Key, 201 N Broadway

Santa Barbara—Robert Sikking, 227 Arrellaga

Santa Cruz—Frederick Robinson, 91 Riverside

Santa Monica—Sue Sikking, 1528 3d

Santa Rosa—Helen Wade, 845 3d

South Gate—Edna Drebert, 2945 Tweed

Stockton—Grace Swannell, 48 W Poplar

Studio City—Herbert J Schneider, 1235 Moorpark

Taft—Della Shutts, 631 North

Van Nuys—Mary Hider, 14416 Victory Vera Stenen, 5745 Woodman Ave

Vista—Sonja Samiran, 323 A B'way

Walnut Creek—Marie M Giles, Eagles Hall

Whittier—Louise Newman, 410 S Greenleaf

COLORADO

Colorado Springs—Ann Winstead, 1307 W Colorado

Denver—Alice Benson, 1441 Welton

Pueblo—Edith Wilshire, YWCA

CONNECTICUT

Bridgeport—Helen Kersten, 199 Fairfield

Hartford—Faith Cornwall, 926 Main

New Haven—Bonnie Adams, Hotel Taft

DISTRICT OF COLUMBIA

Washington—Margaret & E Roy Feldt, New Colonial hotel; Ann Sandefer, 1733 Eye st N W

FLORIDA

Clearwater—Louise Beaty, Chamber of Commerce auditorium

Daytona Beach—Mary Huck, 128 Broadway

Delray Beach—Frances Jarrell, 415 E Atlantic

Ft Lauderdale—Nora Campbell, Woman's club; Maud Guitteau, 11 NE 8th

Ft Meyers—Ann Werner, 829 1 st

Jacksonville—Wm & Bonnie Grenson, Lomax at May

Lake Worth—Maud Guitteaus, 9S Dixie hgw

Miami—May Stoiber, 158 NE 4th

Orlando—Carolyn Parsons, 503 S Orange

ocolo—Eva Rosencrans, 114 W Garden
ord—Carolyn Parsons, Valdez hotel
sota—Dorothy Roy, Woman's club
etersburg—Louise Beaty, 801 6 ave S
pa—Ruby Wagner, 626 No B
l Palm Beach—Donald Iverson, 423
is

GEORGIA

nta—Wendell Mixson, 635 W Peach-
e; Mabel Butts (col) 382 Ashby NW

HAWAII

olulu—Marie Handly, 240 Lewers rd

IDAHO

e—Christopher Scott, Pinney bldg

ILLINOIS

n—Elizabeth Gilbert, Mineral Springs
otel
omington—Margaret Cain, 108 E Mul-
rry
mpaign—Viretta Sutherland, First
ethodist Church Parrish House
cago—W I & Anna Hoschouer; 306 S
abash; Unity, 64 W Randolph; Janet
eaudry, 410 S Michigan; Myrtle
oore, (col) 1129 E 45; Henrietta
ordon (col) 4307 S Mich; John
ohnson (col) 3310 W 15
gur—Hazel Erisman, 317 W Decatur
t Louis—Florence Schaefer, 656 N 79
nston—Maud Kellogg, Evanston hotel
ksonville—Viretta Sutherland, Dunlap
otel
ttoon—Ethel Maguire, Central Com-
unity Church, 16th & Charleston
ckford—Bernice Biggers, 115 S Regan
ingfield—Eva Conover, 709 S 7th

INDIANA

Wayne—Erwin Schlag, Standard bldg
y—Grace Free, YMCA 225 W 5th
mmond—Grace Free, YWCA bldg
dianapolis—Margaret Strahle, Claypool
otel; Frederick Andrews, 8 E Market

IOWA

s Moines—Wm Fischer, 3118 Grand

KANSAS

tchinson—Nona Kerfoot, 316 W 15th
peka—Harriet Pfouts, Jayhawk hotel
chita—Carl & Lois Moran, 3241 Victor

KENTUCKY

isville—Maebel Carrel, 1322 S 4;
Ruth Cox (col) 1233 S 16

LOUISIANA

w Orleans—Elois Echlin, 4730 Cleve-
land; Ruth Murphy, 3722 St Charles
reveport—Gilliam David, 721 College

MAINE

rtland—Unity, 562 Congress

MARYLAND

altimore—E Roy Feldt, Emerson hotel

MASSACHUSETTS

ston—John Baughman, 30 Huntington
mbridge—Edna Titus, 881 Massachu-
setts
orcester—John Baughman, Academy
bldg

MICHIGAN

nn Arbor—Marie Munro, 310 S State
attle Creek—Bess De May, YWCA bldg
Bay City—Aelola James, 231 Wash
Birmingham—Frank Glabach, Theater bldg
Detroit—Eric Butterworth, 17505 2d blvd Martha Fishburn, 4221 Eastlawn; Virginia Shipley, 115 E Grand River; Lois Anderson (col) 146 Englewood
E Lansing—Roxie Miller, 425 W Grand River
Flint—Michael Giannuzzi, Metropolitan bldg
Grand Rapids—Leon Miller, Scribner & 2d N W
Jackson—Eleonore Krafft, Security bldg
Kalamazoo—Amy Moffett, 209 W Dutton
Lansing—Nora Hines, YWCA bldg
Midland—Aelola James, Community Center bldg
Muskegon—Leon Miller, YWCA
Pontiac—Eve Edeen, 72½ N Saginaw
Royal Oak—Walfred Taurainen, 101 S Troy

MINNESOTA

Minneapolis—Lila Ranney, 2300 Hennepin
St Paul—Nellie Hohenwald, New York bldg

MISSOURI

Independence—Fannie Baldwin, 210 N Delaware
Kansas City—Louis E & Ethel Meyer, 707 W 47th
Lemay—Julia McKee, 284 Lemay
Lee's Summit—Unity Farm Center
Overland—Kate Evans, 2422 Goodale
Springfield—Polly Weeks, 213 E Chestnut
St Joseph—Osla Jones, 12 and Felix
St Louis—Dale & Donna Newsum, 4526 West Pine; Hilda Eilers, 3616 Bates; Florence Brummer, 4621 S Kingshighway; Ethel Bradley, 11 N Jefferson

MONTANA

Billings—Ross Breakwell, 101 Lewis
Bozeman—Mary Wessel, 103½ Bridges Arms
Butte—Mary Wessel, YMCA
Great Falls—Lillian Cook, 1023 2 Ave S
Livingston—Mary Wessel, 118 E Callender
Missoula—Maidie Van Etten, 517 E Main

NEBRASKA

Lincoln—Mary Robinson, 138 No 12
Omaha—C N & Hallie Broadhurst 1317 N 42d

NEVADA

Reno—Robt & Fay Caswell, 847 University

NEW JERSEY

Allenhurst—John Mancla, 411 Spier
Hackensack—Eleanor Drew, Woman's club
Montclair—Gladys Stevenson, 6 S Fullerton
Newark—Edith Berry, Berwick hotel
Plainfield—Elinor MacDonald, Babcock bldg
Paterson—Gladys Stevenson, 35 Church
Ridgewood—Louise Gerbold, YWCA, 112 Oak

Trenton—Elinor MacDonald, 232 Hamilton

NEW MEXICO

Albuquerque—Mina Stevenson, 1219 W Tijeras

NEW YORK

Albany—Marian Hoagland, YWCA
Buffalo—Lillian Matthews, Statler hotel
Elmira—Fred Beale, 455 W Gray
Flushing—Adele Woodruff, 135-42 40 rd
Forest Hills—Adele Woodruff, Tennis Grill, 6 Burns
Great Neck—Emma Jean Sartori, 73 Cutter Mill
New Rochelle—Ethel Nickelsen, Huguenot YMCA
New York—Georgiana West, 1 W 47; Crichton Boatwright, 57 Park ave; Josephine Siemon, 400 E 59; Stella Wrenn, 15 E 11 st; Nanna Sutton (col) 137 W 110; Janet Holland (col) 2523 7th ave
Rochester—Elise Rosenburg, Seneca hotel
Roslyn Heights—Adele Woodruff, 58 Mineola
Schenectady—Marian Hoagland, Lafayette & Chapel
Syracuse—Russell Kemp, 110 Onondaga A
Troy—Marian Hoagland, 50 2d
Valley Stream—Stella Wrenn, 145 S Franklin
White Plains—Unity, Masonic temple

NORTH CAROLINA

Asheville—Velma Hoffman, Battery Park hotel

OHIO

Akron—Frank Grunder, YWCA 146 S High
Canton—Frank Grunder, 203 6th N W
Cincinnati—Erma E Wissman, Madison & Andrews; Millie Leslie, 18 W 9
Cleveland—Earl & Martha Anthony, Hotel Cleveland; Cleo Lee, Masonic temple, 3615 Euclid
Columbus—Jos Jones, 50 West 5th ave
Dayton—Ethel Crouch, Canby bldg
Hamilton—Wm Helmbold, 117 Ross
Marion—Mercedes Fossler, YMCA
Springfield—Lucy Stringer, 2215 E High
Toledo—Wallace Tooke, 2749 Upton
Warren—Everett St John, Harris Theater bldg, 166 High NW
Youngstown—Everett St John, Home Sav & Loan bldg

OKLAHOMA

Bartlesville—Ruth Jacques, YWCA bldg
Muskogee—Ruth Jacques, Equity bldg
Oklahoma City—Alice & Schuyler Cronley, Midwest bldg
Okmulgee—Ruth Jacques, 111 E 7
Tulsa—Grace Kehrer, 714 S Boston

OREGON

Eugene—Muriel Venable, 1215 Oak
Portland—Marion Lance, 811 NW 20

PENNSYLVANIA

Philadelphia—Margaret Feldt, St James hotel; Adelaide Cotter, 1835 Chestnut
Pittsburgh—Andrew Carlson, 809 Arch

PUERTO RICO

San Juan—Rafaela Melendez, Condado ave 306 stop 17, Santurce

TENNESSEE

Chattanooga—Frances Clement, 207 Feber bldg
Memphis—Unity, 1911 Madison Ave
Nashville—Susan Smartt, 1816 Broad

TEXAS

Amarillo—Eugenia Lane, 114 E 15
Dallas—Ruth Gillespie, 2030 Commerce
El Paso—Mabel Peck, 1300 E Rio Grande
Fort Worth—Ruth Johnson, 901 Page
Houston—Lillian Brass, 3500 Louisiana; Corine Smith (col) 1302 Schwartz
San Antonio—Mary Myles, Maverick bldg

WASHINGTON

Bremerton—Marion Brown, 925 Park
Everett—Estelle MacPherson, 2609 Wetmore
Olympia—Warren Meyer, YWCA
Pasco—Beulah Scott, 404 N 7
Redmond—Ella Peterson, Redmond Park Log Cabin
Seattle—Donald O'Connor, Arcade bldg
Spokane—Herbert Hunt, 1124 W 6 ave
Tacoma—Warren Meyer, 1012½ A st
Wenatchee—Beulah Scott, Columbia hotel
Yakima—Beulah Scott, 109 S 4

WEST VIRGINIA

Huntington—Dan Gunderson, 701 6th ave

WISCONSIN

Beloit—Bernice Biggers, YWCA bldg
Kenosha—Lu Verna Bauer, Woman's club
Mercer—Ella Beierle, Community bldg
Milwaukee—Mae Lundahl, 1820 E North
Sheboygan—Lu Verna Bauer, 1603 S 9

CANADA

London—Herbert Nicklin, 175 King
Montreal—May Duncan, Ritz-Carlton hotel
Ottawa—May Duncan, King's Daughters bldg, Laurier ave
Toronto—Mary & George Dunning, 2249 Yonge
Winnipeg—Edna Bowyer, 360 Young

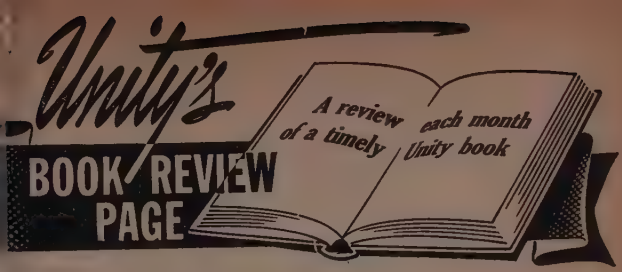
ENGLAND

Carnarvon, North Wales—Dora Johnson, Llanfair Hall
Easington Village—Thomas Merrington, 11 Sea View, Co Durham
London—Ruth Hacking, 6 Stanhope Terrace, W 2
Nr Whitstable—Olive Hacking, 14 Russell dr, Swalecliffe, Kent
Sunderland—Thomas Merrington, Co Durham

MEXICO

Mexico D. F.—Clara Kouns Lumpkin, La Palma 39

Unity literature in French: Unite, 93 rue Truffaut, Paris XVIIe, France; in Italian: Revista Unita, 31 Via Ravadera, Torre Pellice (Torino) Italy.



Christ Enthroned in Man

BY CORA DEDRICK FILLMORE

Christ Enthroned in Man, best suited to the needs advanced Truth students, is a companion book to harles Fillmore's *The Twelve Powers of Man* and ould be studied along with it. Chapter by chapter, it llows Mr. Fillmore's book, giving meditations and ercises for bringing "the twelve powers" into full pression.

The author discusses in detail the faith faculty, hich she asserts is the basis of all Christian endeavor.

Christ Enthroned in Man teaches that we use but small part of both our mind and body and shows how e can develop our latent powers and bring them into tion. Mrs. Fillmore discusses each of the faculties of an in turn, offering many powerful affirmations to be sed in bringing each into full expression. She emhasizes the importance of first calling forth the Christ Mind and then the twelve fundamental ideas in Divine Mind. But she says that nothing is truly ours until we press it. Therefore, the enlightenment we receive om this book must be given forth.

(*Christ Enthroned in Man* is priced at $1 a copy.)

Unity Books and Booklets

For Beginners in Truth	Beginning Again		$1.00
	Favorite Unity Radio Talks		1.00
	God a Present Help		1.00
	God's the Answer	*Dutch, English*	1.00
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	Jet's Choice (for ages 8 to 12)		1.00
	Teach Me to Pray (for ages 7 to 11)		1.25
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	God Bless Your Christmas	.10	Week Before Christmas, The	.10
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(Any 12 of these booklets $1. Envelopes included)

NEWS *from* UNITY

oes Your Subscription xpire Soon?

If you have a subscription r a Unity periodical that pires within the next few onths, you can help us eatly by sending in your lvance renewal order now, that we may handle it be- re the Christmas rush be- ns.

During the busy Christmas ason nearly 350,000 sub- riptions for various Unity riodicals will expire—and a time when our office is ready stacked high with eat piles of other Christmas ders!

Your renewing now will appreciated by every Unity orker; in addition, it will able us to make some other rsons happy on Christmas orning with a Unity publi- tion. So send in you renewal der NOW and help us to ndle it more efficiently.

Thank you for your loving co-operation and for your interest in the Unity work.

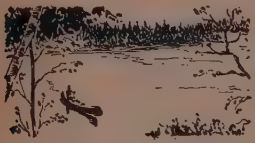
Boston Leader Addresses Unity Workers

The leaders and workers in the field bring us much inspiration when they visit Unity headquarters and address the workers' meetings. Recently John Lee Baughman, leader of the Boston Unity Center, brought the workers a very helpful message.

During his talk he remarked that man in general takes whatever comes his way and makes the most of it. Unity students, however, learn that man can make direct contact with God and thus control the things that come his way. It is not man alone, then, but God within man. This knowledge is a power that is with us at all times and can be used whenever needed.

The moment we become

aware of this contact and its ability to pour through us God's mighty power, the things that come to us do not matter. They no longer possess us, but from that moment



we possess them.

He also emphasized the power of blessing all that we come in contact with—our car, the machines we work with, the vegetables and flowers we grow, the people we meet and deal with. When we bless whatever we are doing we achieve better and more satisfying results.

Former I.N.T.A. President Visits Unity Headquarters

Some time ago we were privileged to have as a visitor to Unity headquarters John Seaman Garns, former president of the International New Thought Alliance. In his remarks to the headquarters workers he stated:

"The time has come when in the world order we are receiving signs that man is at last coming to the awareness that he is an extension of the one Mind—that he is co-creator with God."

Mr. Garns pointed out that most metaphysicians agree that man has powers he has never touched and emphasized Truth as the key to releasing and using these powers.

Pamphlets to Be Printed in Larger Type

Many suggestions of great value in our work come to us from our good friends and readers, and it is through their loving and thoughtful co-operation that we are able to improve the service that we give.

Not long ago we received a letter from one of our friends in Illinois suggesting that our pamphlets be printed in larger type so that they would be easier to read. From

time to time similar suggestions have come to us, and we are indeed happy to announce that our pamphlets are now being set in larger type.

As the current supply of pamphlets is depleted and they come up for reprint, the larger type is being used, so

at in time the new pamph-
ts will replace the old ones
the stock is replenished.

It is a pleasure to receive
e helpful suggestions of our

iends, and we like to co-
perate with them in every
ay possible.

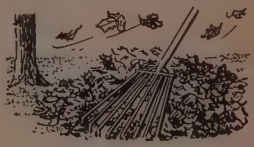
mployment Agency a enter of Divine peration

"Dear Unity: I want to tell
ou of the lovely response of
eople who come into my of-
e when they see the UNITY
agazines and other literature
at have been placed in the
ception room for them to
ad while they wait for an
terview. These people are
oking for employment, and
any times the thought they
d in UNITY makes them
ore receptive to their own
od.

"My desire since the first
y of operation has been to
ake my employment agency
center of divine operation.
was opened four months
o on a great deal of faith
nd $400 of borrowed money. Since that time the increase has been slow but sure."

Election Year in the United States

The time of the Presidential election in the United States always brings excitement and activity with campaign speeches, political rallies, TV and radio on the national level, and political discussions and arguments on the personal level. In the light of what often seem to be unjust accusations and impossible promises, it is sometimes hard to place the affairs of our nation in His keeping, just as we do our own personal affairs. Often we are so thoroughly convinced that the candidate we are supporting is the right, and the only,



man for the position that we allow ourselves to become irritated when we encounter conflicting ideas and arguments.

It is well for us to remind ourselves often that others have the right to express their views also and that our true

desire is that God's will be done in the world. Here are two prayers that are used at Unity headquarters for the people of our country as a whole as election time draws near. You may wish to join us in affirming:

"God is your strength and your inspiration; His love and wisdom guide you in all your ways."

"Under the banner of God may the rightful leaders now come forth and take their places, working with and for the people to establish liberty, justice, righteousness, and truth."

Youth of Unity Gift to Queen

One of our good friends in England who visited us at headquarters has correponded with Lowell Fillmore for some time. When Mr. Fillmore's letter to him expressed sympathy and condolence upon the passing of King George VI and blessings for the Queen in her reign, this friend forwarded the letter to the Queen. He received a very gracious reply from her office and he kindly sent it on to Mr. Fillmore.

This friend had been associated with servicemen from the United States stationed in England during World War II, and his interest in young people prompted him to suggest that the Youth of Unity, our young people's organization, send a gift volume of *Lessons in Truth* to the Queen, inscribed as follows:

"To Her most gracious Majesty the Queen, Elizabeth II, from the Youth of Unity, United States of America, with all good wishes for a peaceful and happy reign."

In response to his suggestion a special volume of *Lessons in Truth,* bound in full-grain black morocco leather, with gilt-edged pages, hand-lettered and embossed in color, and inscribed as our friend suggested, was sent to Her Majesty.

Our sincere blessings go out to this friend and to all who wish to help us spread the Truth message.

To write, address Unity at *Lee's Summit, Missouri.*

To telephone long-distance or to telegraph, give Unity's address as *Kansas City, Missouri* (where 24-hour service direct to Unity headquarters is maintained).

Telephone number: BAltimore 4720.

Read DAILY WORD *for Daily Inspiration!*

As little boats return at eventide
To quiet waters by the sheltering shore,
I turn to Thee, O Lord, and am at rest.
Though in surrounding dark the tempest roar
And angry waters break upon the land
With fury men predict shall never cease,
Anchored in Thy great love I rest secure.
I am at peace.

This poem entitled "Anchorage," by R. H. Grenville, recently appeared in the magazine *Daily Word* and aptly describes the sense of peace and security that can come to anyone who is willing to turn to God for comfort and assurance. Many persons have thus found new courage to carry on when hope was at a low ebb.

Daily Word is designed to help readers form the habit of observing a regular period each day for communing with God in prayer and receiving His guidance and help. This beloved little magazine now brings inspiration to over a half-million persons with its one-page lesson, inspiring affirmation, and Bible quotation for each day of the month, in addition to helpful articles and uplifting poems, such as the foregoing.

Daily Word will come to you each month for a year, twelve issues, for just $1. Why not order a subscription for yourself or a friend who you believe will enjoy its daily inspiration?

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

TRUTH INSTRUCTION FOR CHILDREN

Have you been searching for an effective way to present Truth principles to children? Perhaps you, like many of our friends who write to us, have wished for a child's version of Unity's basic textbook *Lessons in Truth,* so that you might start the children you love on the path to happy, successful living.

When requests for Truth material for children come to us, we refer them to our Sunday-School Department, which is glad to recommend the most suitable material. Children begin their study of Truth with the *Unity Beginners' Course* and then go on to the *Unity Primary Lessons.* These two courses of study are based on Unity's fundamentals found in *Lessons in Truth* and are, in effect, Truth lessons for boys and girls. The understanding of the nature of God and of their relationship to Him that they gain from these lessons helps to prepare them for the simple Bible study found in the *Unity Junior Bible Lessons* and the more advanced Bible study offered in the *Unity Sunday-School Leaflet.*

The *Unity Sunday-School Leaflet* is a weekly paper that follows the International Sunday School Lessons. It offers the actual Bible text, the lesson in story form, an appealing Frank and Frankie story illustrating practical application of the lesson, and a "Teachers' Section" to aid adults in presenting the lesson material.

If you would like information about Truth instruction for children, why not write to the Unity Sunday-School Department for a more complete description of the fine material available? Please be sure to give the age of the child in order that your letter may receive the most efficient handling.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

Announcing a New Jet Book!

JET'S CHOICE

The Jet stories have delighted children and parents alike since they first appeared in *Wee Wisdom.* One mother wrote: "The Jet stories are splendid, and my young son enjoys them no end. As a parent I greatly appreciate the sound teaching he finds in stories written really to hold a child's interest."

And now here is *Jet's Choice,* another book of Jet stories. *Jet's Choice* is divided into three parts and follows Jet and his sister Sarah through more thrilling adventures. A terrible drought strikes the country in which the Stockwell family is homesteading; crops are dying, and streams are drying up. The Stockwells have barely enough to live on, yet Jet brings a homeless boy to live with them.

In the second part of *Jet's Choice,* sheep have been disappearing in the neighborhood. Jet is sent to look for them and finds an injured boy named Jimmy, whom he helps. Later, he meets a pony-express rider and has many other exciting adventures.

In the third part of the book Jet's friends ask him to teach school for them, since Jet's Auntie Sue will be unable to do so. Jet is bashful and undecided, when he receives a letter from his grandfather inviting him to come back to the Bluegrass country and attend school there. This makes his decision even more difficult. From this newest Jet book children will learn valuable lessons in sharing with others, in promoting harmony and good will, and in making wise decisions. *Jet's Choice* is priced at $1 a copy.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

TWO STEPS TO PROSPERITY

Would you like to be more prosperous? Here are two simple steps that will help you increase your income and bring prosperity into your life: First, remember that you are actually working for God and, therefore, your work is a loving service to Him. Secondly, look to God for your supply and expect abundance, because there is no lack in the Father's kingdom.

The Prosperity Bank plan will aid you in putting these simple rules into practice, and Silent Unity will pray with you for a successful demonstration. Send for a Bank and use the daily prosperity prayer. While you are being blessed through use of the Bank drill, you can save to send UNITY to your friends. They will receive immediate benefit, as the subscriptions will begin at once.

Unity School of Christianity, Lee's Summit, Missouri

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save $3 for the three UNITY magazine subscriptions (one year each) listed below:

Name .....

Street .....

City ..... State .....

Name .....

Street .....

City ..... State .....

Name .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided.

U-10-52

Presenting for your Inspiration

THINGS TO BE REMEMBERED

A New Book by Lowell Fillmore

Lowell Fillmore's messages in *Weekly Unity* have always been popular with readers, who write to us repeatedly telling of the inspiration they receive from reading his column. One of our friends wrote:

"I surely admire Lowell Fillmore. I like to read his articles in *Weekly Unity* because everything he says is so soothing and so right. It is just as if he were inviting one to prove his worthiness and godliness to himself and the world."

Because of the great popularity of Lowell Fillmore's writings and the many requests for their publication in book form, we are especially happy to present this collection of his articles. The book, like his *Weekly Unity* column, is entitled *Things to Be Remembered.* Some of the chapter titles are: "Meeting Yourself," "The Master Repairman," "Ask for More," "Conquering Jealousy," "Healing the Past," "Agreement Is the Key," and "I Will Be Strong." If you have read the column in *Weekly Unity,* you are already familiar with the fine material it contains and the clear-cut, lucid style of the author. If not, you have a truly wonderful spiritual experience awaiting you.

Things to Be Remembered, in gilt-stamped black Keratol binding, will be a welcome addition to any Truth library. Why not send for your copy today, and order one for a friend who you believe will enjoy its inspirational message.

Things to Be Remembered is priced at $1 a copy.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

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